

Using An Adrenaclick®

The Adrenaclick® is an easy and convenient way to give epinephrine. Epinephrine is a medicine used to treat an anaphylactic reaction. Anaphylaxis is a systemic (whole body), life threatening allergic reaction. It is the most severe type of allergic reaction. The Adrenaclick® is designed to provide fast, reliable first-aid for an anaphylactic reactions. It works quickly to help reverse symptoms which may follow exposure to insect bites and stings, food or drug reactions and exercise-induced anaphylaxis.

The Adrenaclick® is compact and easily carried in your pocket, purse or fanny-pack. The Adrenaclick® is pre-assembled, filled and ready to use right away. A tiny, concealed, spring-activated needle penetrates the skin once the syringe is activated. The Adrenaclick® is available in two strengths: Your health care provider will prescribe the Adrenaclick® that you should use. You should be taught how to use the Adrenaclick® by a health care professional.

How to use an Adrenaclick®

Giving the injection

- Remove the Adrenaclick® from the carrier tube.
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- Pull off both grey (may be blue) end caps. You will now see a red tip.
- Grasp the unit with the red tip pointing downward. Never put your hands, fingers or thumb over the red tip.
- Hold the red tip near the outer thigh.
- Hold the leg firmly when giving the Adrenaclick® injection to someone else. This means holding a young child's leg firmly in place and limiting movement.
- Put the red tip against the middle of the outer thigh until it clicks so that the unit is perpendicular (at 90° angle) to the thigh. Do **not** inject into the buttocks.
- Hold firmly against the thigh for about 10 seconds to deliver the medicine.
- Remove the unit from the thigh and massage the injection area for 10 seconds.
- Call 911 and seek medical attention right away. The effects from this medicine may wear off in 10-20 minutes.

Caring for the used Adrenaclick®

- Place the black portion of the carrying case on a firm surface. Slide the Adrenaclick into the case, needle with red end first. Place the other end of the carrying case over the Adrenaclick® and close the case.
- Take the used Adrenaclick® with you to the hospital emergency room.

Special tips about using an Adrenaclick®

- **Remember, if you use the Adrenaclick® call 911 and seek medical attention right away. The effects from this medication may wear off in 10-20 minutes.**
- After using the Adrenaclick®, most people experience a rapid heartbeat and "nervousness." Ask your health care provider for a complete list of side effects.
- Watch for signs or symptoms of infection, such as persistent redness, warmth, swelling, or tenderness, at the epinephrine injection site. See the doctor if this occurs.
- Keep your Adrenaclick® at room temperature. Do not expose it to extreme cold, heat or direct sunlight. Refrigeration can cause the Adrenaclick® to malfunction. Light and heat can cause the medicine to go bad, turning brown. Look through the viewing window of the unit regularly, to make sure the solution is clear and colorless.
- Check the expiration date on your Adrenaclick®. Be sure to replace your Adrenaclick® before the expiration date. You can dispose of an expired Adrenaclick® at the doctor's office or hospital.

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NOTE: This information is provided to you as an educational service of National Jewish Health. It is not meant to be a substitute for consulting with your own physician.

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