Using An Auvi-Q®

The Auvi-Q® is an auto-Injector with voice instructions. It is an easy and convenient way to give epinephrine. Epinephrine is a medicine used to treat an anaphylactic reaction. Anaphylaxis is a systemic (whole body), life threatening allergic reaction. It is the most severe type of allergic reaction. The Auvi-Q™ is designed to provide fast, reliable first-aid for an anaphylactic reactions. It works quickly to help reverse symptoms which may follow exposure to insect bites and stings, food or drug reactions and exercise-induced anaphylaxis.

The Auvi-Q® is compact and easily carried in your pocket, purse or fanny-pack. It is pre-assembled, filled and ready to use right away. The Auvi-Q® will give you voice instructions on how to use it. A tiny, concealed, spring-activated needle penetrates the skin once the syringe is activated. The Auvi-Q® is available in two strengths, 0.3 mg. and 0.15 mg. Your health care provider will prescribe the Auvi-Q® that you should use. Ask your health care provider how to use the Auvi-Q®.

How To Use An Auvi-Q® Auto-Injector

Remove the Auvi-Q® from the outer case.

• Do not proceed until you are ready to use Auvi-Q®. If you are not ready to use, the Auvi-Q® replace the outer case.

• Once you remove the Auvi-Q® from the outer case you will hear voice instructions.
• Pull off the red safety guard. Pull firmly to remove. The safety guard is meant to be tight.

• Never put your hands, fingers or thumb over the black base, to avoid accidental injection.

Give the Auvi-Q® injection

• Place the black end against the middle of the outer thigh. Only inject into the middle of the outer thigh (upper leg). Do not inject into another location.

• If you are administering Auvi-Q® to a young child, hold the leg firmly in place while administering an injection.

• Press firmly and hold in place for 5 seconds to deliver the medicine. Auvi-Q® makes a click and hiss sound when activated. This is normal. Do not pull Auvi-Q® away from the leg when you hear to click and hiss sound.

• The voice instruction system will confirm Auvi-Q® has been used. The Auvi-Q® will beep and the lights will blink red.

• Remove the unit from the thigh.

• The needle automatically retracts after the injection is complete, so the needle will not be visible after the injection.

After Using Auvi-Q®

• Call 911 and seek medical attention right away. The effects from this medicine may wear off in 10-20 minutes.

• Take the used auto-injector with you to the hospital emergency room.

After Auvi-Q® is given:

• The black base will lock into place.

• The red safety guard cannot be replaced.

• The viewing window will no longer be clear.
• Some medicine will remain in Auvi-Q®. The injection is complete.

• After using the Auvi-Q® most people experience a rapid heartbeat and "nervousness." Ask your health care provider for a complete list of side effects.

• Check the expiration date on your Auvi-Q®. Be sure to replace your Auvi-Q® before the expiration date. You can dispose of an expired Auvi-Q® at the Doctors office or hospital.

• **Remember, if you use the Auvi-Q®, call 911 and seek medical attention right away. The effects from this medication may wear off in 10-20 minutes.**

Visit our website for more information about support groups, clinical trials and lifestyle information.

PTE.303 © Copyright January, 2014, 2017

NOTE: This information is provided to you as an educational service of National Jewish Health. It is not meant to be a substitute for consulting with your own physician.

**National Jewish Health** is the leading respiratory hospital in the nation. Founded 119 years ago as a nonprofit hospital, National Jewish Health today is the only facility in the world dedicated exclusively to groundbreaking medical research and treatment of patients with respiratory, cardiac, immune and related disorders. Patients and families come to National Jewish Health from around the world to receive cutting-edge, comprehensive, coordinated care. To learn more, visit njhealth.org.