

Cleaning of Portable Humidifiers and Vaporizers at Home

DAILY

1. Empty the reservoir.
2. Wash the reservoir completely with hot soapy water.
3. Rinse the reservoir well under running tap water. Be careful that no water gets into the motor.
4. Fill the reservoir to the appropriate level. Distilled water is preferable, but tap water may be used.

WEEKLY

1. Please clean the equipment in an area away from the person with a lung problem.
2. Empty the reservoir.
3. Clean the reservoir with hot soapy water. Rinse well.
4. Add 2 cups white vinegar and enough water to enable the humidifier or vaporizer to create a mist. Allow the machine to run thirty minutes in a well-ventilated area.
5. Rinse the equipment well.
6. Operate the humidifier or vaporizer for 3 minutes with clean tap water.
7. Pour out the tap water and fill to the appropriate level. Distilled water is preferable, but tap water may be used.

When the reservoir water level is low, always discard water remaining in the humidifier before refilling with distilled water!

CAUTION

Use of a humidifier or vaporizer can increase dust mite and mold growth. Frequent use of a humidifier or vaporizer is not recommended for people who are allergic to these antigens. Routine cleaning of the humidifier is very important, as anyone can develop a lung condition if the humidifier or vaporizer is not cleaned. This is known as humidifier lung (hypersensitivity pneumonitis).

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