

COVID-19 Monoclonal Antibody FAQ

On _____, 20__ you received _____, a monoclonal antibody for the early treatment of COVID-19 infection. What happens next?

1. **Continued Healing** – Ideally you will recover from COVID-19 over the next few days. Some symptoms, such as loss of taste and smell, can take a few weeks to recover fully.
2. **Quarantine** – For most adults and children, the recommended time to isolate from other people is:
 - 10 days from your first symptom, and
 - Resolution of fever for at least 24 hours, and
 - Improvement of other symptoms.

If you are severely immunocompromised (e.g., autoimmune disease, active cancer) or become severely ill with COVID-19, the recommendation for quarantine is:

- 20 days from your first symptom, and
 - Resolution of fever, and
 - Improvement of other symptoms.
3. **Worsening Symptoms** – If you have new difficulty breathing, high fevers, or oxygen saturation at or below 90%, seek medical attention at an ER.
 4. **Slow Recovery** – If you feel your recovery is taking longer than expected, call your doctor or call National Jewish at **303-398-1355, option 4**, and ask to be scheduled in one of our Post-COVID Clinics.
 5. **Vaccines and Boosters** – The CDC Recommendation is to wait 90 days following your injection or infusion, or _____, 2022, before receiving a COVID-19 vaccine or booster shot. You now have monoclonal antibodies as well as COVID-19 antibodies present from your infection. These antibodies are thought to be active for at least 90 days. While the antibodies are active, they may decrease the effectiveness of the vaccine.
 6. **Reinfection with COVID-19** – Because it is not known how long immunity lasts after infection, we recommend continuing to take steps to prevent infection, including handwashing, mask wearing, social distancing, and avoiding crowds, especially indoors.
 7. **Questions and Concerns** – Please contact us at _____ with any questions or concerns.
 8. **Want to schedule a follow-up appointment?** You are already registered in our system. If you would like to meet with one of our pulmonary or cardiology specialists, please call **303-398-1355, option 4, to speak with Scheduling.**

Visit our website for more information about support groups, clinical trials and lifestyle information.

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NOTE: This information is provided to you as an educational service of National Jewish Health. It is not meant to be a substitute for consulting with your own physician.

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