

Pediatric Sleep Specialist Joins National Jewish Health

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Denver, CO — Pediatric sleep specialist [Lisa Meltzer, PhD](#), has joined the faculty at National Jewish Health as an Assistant Professor in the Division of Pediatric Behavioral Health. Dr. Meltzer comes to National Jewish Health from The Children's Hospital of Philadelphia where she served in a similar role. Her clinical work focuses on sleep issues in children of all ages, including difficulties falling asleep, staying asleep, sleep apnea and sleep terrors. Her research focuses on sleep in children with chronic illnesses and their parents.

Dr. Meltzer received her B.A. in Psychology at Pomona College and her masters and doctorate degrees in psychology from the University of Florida. She did her postdoctoral fellowship at the Children's Hospital of Philadelphia. Dr. Meltzer worked at the Children's Hospital of Philadelphia as Clinical Psychologist in the Sleep Center, and as Assistant Professor of Clinical Psychology.

Dr. Meltzer has been published recently in the *Journal of Pediatric Nursing*, *Sleep Medicine*, and *Journal of Clinical Psychology*. Additionally, she has ongoing research projects in sleep-wake disturbances in adolescents, and sleep and depression in caregivers.

National Jewish Health is the leading respiratory hospital in the nation. Founded 120 years ago as a nonprofit hospital, National Jewish Health today is the only facility in the world dedicated exclusively to groundbreaking medical research and treatment of patients with respiratory, cardiac, immune and related disorders. Patients and families come to National Jewish Health from around the world to receive cutting-edge, comprehensive, coordinated care. To learn more, visit the [media resources page](#).

Media Contacts

Our team is available to arrange interviews, discuss events and story ideas.

William Allstetter
303.398.1002
allstetterw@njhealth.org

Adam Dormuth
303.398.1082
dormutha@njhealth.org