

### 2017 Annual Report

# **Breathing Science is Life**<sup>®</sup>

In our 2017 Annual Report: *Breathing Science is Life,* we share stories of how our physicians and researchers focus on breathing — how the lungs function best, how they are compromised by disease and how we can help people breathe better. **Here are highlights from that report.** 

### **Back to Barrel Racing**

Our specialized testing found Nancy's asthma, sleep apnea and vocal cord dysfunction, and now she's breathing "100 percent better."





### Why Can't I Breathe?

In the world's largest and most advanced pulmonary physiology unit, we can individualize testing to find answers that others can't.

### **An Alarming Video**

Michael watched on video as he fought to breathe during a sleep study. Now a nightly CPAP user, he is less tired and more alert.





### **Genetic Discoveries**

We sequenced hundreds of Bentley's genes and found a mutation that led to a treatment for his eczema and food allergies.

## Out of the ER and onto the Stage

Kendrick is pursuing dance and theatre studies after we helped him learn to manage his asthma and control his breathing.





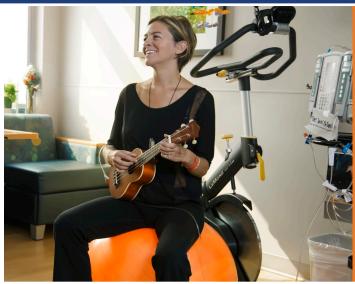
### Asthma is 2-3 Times Higher in the Navajo Nation

Our AsthmaToolkit Program will teach caregivers how to diagnose and manage asthma.

### **Empowering Citizens to Fight Air Pollution**

Our researchers are engaging residents in industrial communities to collect and interpret air quality data.





### Designing Rooms for CF Patients

Rooms designed for the special needs of cystic fibrosis patients help them endure frequent twoweek "tune-up" hospitalizations.

#### njhealth.org 1.877.CALL.NJH (1.877.225.5654)

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