

TESTfacts

An Educational Health Series From National Jewish Health®

Patency Test with Agile™ Patency Capsule



What is a Patency Test with the Agile Patency Capsule?

Your doctor has suggested you have a test with the agile patency capsule as part of the evaluation at National Jewish Health. This test allows the doctor to determine if an object the size of the agile capsule can pass through your intestine. If the capsule leaves your body before it dissolves, this confirms that your intestine is passable for an object the size of the capsule. If the capsule is still inside your body after 30 hours, it will dissolve into smaller pieces and pass through your intestines. You will have a return visit the day (close to 30 hours) after you swallow the capsule to test whether the capsule is still in your body.

If the agile capsule passes through your intestines, the Pillcam capsule is also likely to pass through the intestines. The Pillcam® Endoscopy is a procedure that allows the doctor to look inside the small intestine. The Pillcam® is a capsule you will swallow that contains a miniature video camera.

What is done during the test?

When you arrive the nurse will explain what will be done before, during and after the agile patency capsule test. If you have any questions, please ask. You will swallow the agile patency capsule with a glass of water.

How do you get ready for the test?

To ensure the best results for your agile patency capsule test, follow these instructions carefully and completely.

During the week before your Patency Test

- Note how often you have a bowel movement.
- Note if your bowel movements are irregular.

The day before the Agile Patency Test

- After lunch the day before the Agile Patency Capsule test you will begin a clear liquid diet. This includes fruit juices, broth, popsicles, jello, coffee, tea, etc.

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- Do not eat or drink 10 hours before the agile patency capsule test.

The day of the Agile Patency Capsule

- Do not eat or drink 10 hour before the agile patency capsule test.
- You may take medicine with a small sip of water.
- If you are diabetic and take Insulin, talk with the doctor who prescribes your Insulin about reducing the dose the day of the exam.
- If you are diabetic, please bring your glucose meter, test strips, and a source of fast-acting glucose with you (such as glucose tablets or glucose gel).
- Arrive for your appointment at the scheduled time:
- Please check in at Admissions and tell them you need to go the **MIDC East**.
- You will swallow the agile patency capsule in MIDC.

After swallowing the Agile Patency Capsule

- You may drink liquids starting 2 hours **after** swallowing the Agile Patency capsule. This includes fruit juices, broth, popsicles, jello, coffee, tea, etc.
- You may have a light snack after 4 hours.
- Eight hours after ingesting the capsule you may continue with your normal diet.
- During the test record the number of daily bowel movements on the attached Bowel Movement Activity Form. Bring the completed form when you return to MIDC East.
- Return to MIDC East for your next appointment at the scheduled time (close to 30 hours after ingesting the capsule).

Special Instructions

- If you develop unexplained nausea, abdominal pain or vomiting, contact your doctor for evaluation.
- Having an MRI while the Agile Patency Capsule is inside your body may result in damage to your intestinal tract or abdominal cavity.
- Will need to return to NJH as close to 30 hours post ingestion as possible for an abdominal x-ray ordered by the doctor.

How long will the test take?

.Contact MICD East at 303-270-2424 right away if you have any stomach pain, nausea or vomiting during the exam.

How do you get to your test?

Please check in at the Front Desk and tell them you need to go the MIDC East. If you have questions please call 303-270-2424. Also, if you need to cancel the appointment please call.

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Bowel Movement Activity Form				
Days after taking capsule	Date	Number of Bowel Movements		
0		<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> >2
1		<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> >2
2		<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> >2
3		<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> >2

