

Tank/Cartridge/Pod

Holds the e-liquid, nearly always contains nicotine. Nicotine harms the developing brain.

Pods

Often use nicotine salts (have added acid) to increase nicotine dose and reduce throat hit but may be more addictive.

E-liquid or E-Juice

Mix of chemicals and flavoring with nicotine.



Lithium ion battery heats the coil. Exploding batteries cause severe burns and injuries.

Coil/Atomizer

Creates the aerosol and may release heavy metals (nickel, tin and lead) that are dangerous to inhale.

Computer/ Microprocessor

Activates the battery by pressing a button or inhaling through mouthpiece.

Wick

Cotton fiber pulls e-liquid toward the heating coil.

E-liquid Ingredients NOT Listed on the Package 80+ chemicals including known carcinogens



Nicotine -

dangerous and highly addictive

chemical, can increase in blood pressure, heart rate, blood flow to the heart and narrowing of the arteries



Propylene glycol (PG) -

clear, colorless, oily liquid, used to create artificial smoke/fog.



Fine Particulates -

causes nose, throat and lung irritation, coughing, sneezing, runny nose and shortness of breath, can affect lung function and worsen asthma and heart disease



Vegetable glycerin (VG) -

considered non-toxic when delivered orally.



Flavorings –

unregulated for vape products, when heated become carcinogens and cause lung injury



Volatile organic compounds -

causes eye, nose and throat irritation, shortness of breath, headaches, fatigue, nausea, dizziness and skin problems are carcinogenic



Carbonyls

(including formaldehyde and acetaldehyde) often created when PG and VG are heated



