

Premedication for IV Contrast Allergy

Your health care provider has scheduled you for a procedure at National Jewish Health that requires intravenous (IV) contrast. The contrast will be given as an injection in a vein using an IV.

Since you are at risk for having an allergic response to the contrast, your health care provider has ordered the medications listed below. You need to take these before the procedure to reduce the risk of an allergic response.

- The methylprednisolone tablets require a prescription.
- The diphenhydramine (Benadryl® common brand) is available over the counter.
- These medications are available as a convenient kit from the National Jewish Health pharmacy. If you do not want to use the National Jewish Health pharmacy, ask your health care provider to send a prescription for methylprednisolone to a pharmacy of your choice.

We suggest you enter the date and time of your procedure on this form, to remind you when you need to take the medications.

Date of Procedure: _____

Time of Procedure: _____

You can make a ✓ in the box after taking each medication to help you remember that you have already taken them.

12 hours prior to your procedure take:

- Methylprednisolone 16 mg. by mouth

2 hours prior to your procedure take:

- Methylprednisolone 16 mg. by mouth

1 hour prior to your procedure take:

- Benadryl (Diphenhydramine) 50 mg. by mouth

If you are being seen at National Jewish Health, if you have questions, please contact your health care team via the patient portal or by calling 303.398.1355 Option 4 or 1.800.222.5864.

Visit our website for more information about support groups, clinical trials and lifestyle information.

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NOTE: This information is provided to you as an educational service of National Jewish Health. It is not meant to be a substitute for consulting with your own physician.

National Jewish Health is the leading respiratory hospital in the nation. Founded 123 years ago as a nonprofit hospital, National Jewish Health today is the only facility in the world dedicated exclusively to groundbreaking medical research and treatment of patients with respiratory, cardiac, immune and related disorders. Patients and families come to National Jewish Health from around the world to receive cutting-edge, comprehensive, coordinated care. To learn more, visit njhealth.org.