
Recommended Snacks Following LINX Surgery

- Grapes
- Dried cranberries
- Fruit
- Trail mix
- Cheese
- Raw vegetables such as snap peas (except salad)
- Raisins
- Dried banana chips
- Granola bars
- Pumpkin seeds
- Green pea chips
- Dry cereal
- Roasted chickpeas

NOTE: This information is provided to you as an educational service of National Jewish Health. It is not meant to be a substitute for consulting with your own physician.

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