



- *Physical Therapist*
- *Rehabilitation Services*

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#### Conditions Treated:

- *Rheumatoid Arthritis (RA)*
- *Osteoarthritis*
- *Osteoporosis*
- *Coronavirus / COVID-19*

#### Programs & Services:

- *Rehabilitation Services*
- *Pulmonary Rehabilitation*
- *Physical Therapy*

Yakira has experience in treating adults and children with various orthopedic and post-surgical conditions. She has a special interest in treating orthopedic conditions to return to sport or athletics. She has taken continuing education courses focusing on orthopedic rehabilitation, manual therapy, and is certified in level 1 and level 2 of Dry Needling. She also enjoys working with patients and older adults requiring pulmonary rehabilitation.

Certifications:  
Level 1 and Level 2 Dry needling

#### Education

2013 - 2016 Stony Brook University, Stony Brook NY, Doctorate of Physical Therapy  
2008 - 2012 SUNY Binghamton University, Binghamton NY, BS, Psychology

#### Awards & Recognition

2016: Alpha Eta Honor Society Inductee

#### Doctor's Contact Information

Office: 877.225.5654

#### Locations

National Jewish Health Main Campus  
1400 Jackson St.

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