



- *Family Nurse Practitioner*
  - *Division of Cardiology*
  - *Department of Medicine*
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#### Conditions Treated:

- *Cardiac Conditions*

#### Programs & Services:

- *Cardiology Programs*
- *Department of Medicine*
- *Pulmonary Hypertension Program*
- *Division of Cardiology (Adult)*

Very early in my nursing career, I became interested in the vast and ever-changing field of cardiology. I was intrigued by the complexity of arrhythmias and cardiovascular disease and was determined to make a difference in the lives of those it directly and indirectly affects. As my career in nursing progressed to an advanced practice provider role, I wanted to focus on prevention and improving quality of life for those impacted by a variety of cardiovascular conditions. As part of my doctoral research, I stepped out of my cardiology comfort zone to focus on improving screening processes for diabetes in an effort to minimize the cardiovascular complications related to the disease. Although my research did not invoke any new innovations in diabetes research or screening processes, it did heighten my awareness into the challenges associated with both cardiovascular disease and diabetes, and their relationship to each other. While my focus is no longer primarily on diabetes, I enjoy sharing the key points of my research with patients and providers alike.

#### Board Certification

2018: ANCC

#### Education

2014 - 2017 University of Northern Colorado, Doctor of Nursing Practice

2005 - 2007 University of Colorado, Nursing Science

#### Professional Memberships

American Nurses Association

#### Doctor's Contact Information

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#### Locations

National Jewish Health Main Campus

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