



- Associate Co-Director, The Cohen Family Asthma Institute
 - Head, Pediatric Clinical Pharmacology Consult Service
 - Associate Professor
 - Division of Pediatric Allergy & Clinical Immunology
 - Department of Pediatrics
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Conditions Treated:

- Chronic Cough
- Gastroesophageal Reflux Disease (GERD)
- Sinusitis
- Exercise-Induced Asthma
- Recurrent Infections

Programs & Services:

- National Jewish Health for Kids / Pediatric Programs
- Division of Pediatric Allergy & Clinical Immunology
- Asthma Treatment Programs (Pediatric)
- Asthma Tune Up Program (Pediatric)
- Day Program (Pediatric)
- Outpatient Clinic (Pediatric)
- Division of Pediatric Clinical Pharmacology
- Severe Asthma Clinic (Pediatric)
- Allergy Treatment Programs (Pediatric)

Clinical Interests

Evaluation and treatment of pediatric asthma, pulmonary function and quantitative imaging in asthma, steroid response and asthma outcomes and health care delivery in the community setting.

Research Interests

Clinical research in asthma, natural history of asthma and steroid response in asthma.

Board Certification

American Board of Pediatrics
American Board of Allergy and Immunology

Education

1989 University of the Philippines College of Medicine, MD

Residency

1992 University of the Philippines College of Medicine – Philippine General Hospital, Pediatrics
1997 Sinai Hospital of Baltimore, Pediatrics

Fellowship

2000 National Jewish Health/University of Colorado Denver,

Teaching or Professional Positions

Staff Physician at National Jewish Health;
Assistant Professor of Pediatrics, University of Colorado Denver

Professional Memberships

AAAAI
ACAAI
AAP
AMA

Awards & Recognition

2014: Best Doctors in America, Best Doctors, Inc.

Publications

Federico MJ, Covar RA, Brown EE, Leung DY, Spahn JD. Racial differences in T-lymphocyte response to glucocorticoids. Chest. 2005 Feb;127(2):571-8.

Paull K, Covar RA, Jain N, Gelfand EW, Spahn JDD. NHLBI lung function criteria apply to children? A cross-sectional evaluation of childhood asthma at National Jewish Medical and Research Center, 1999-2002. Pediatr Pulmonol 2005 Feb.

Group. Progression of asthma measured by lung function in the Childhood Asthma Management Program. Am J Respir Crit Care Med. 2004;170(3):234-41.

Covar RA, Spahn J, Murphy JR, Martin RJ, Silkoff P, Sundstrom DA, Szeffler SJ. Safety and application of induced sputum analysis in childhood asthma. J Allergy Clin Immunol. 2004;114(3):575-82.

Covar RA, Spahn JD. Treating the wheezing infant. Pediatr Clin North Am 2003, 50:631-654.

Doctor's Contact Information

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Fax: 303.270.2189

Locations

National Jewish Health Main Campus
1400 Jackson St.

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