



- Associate Professor
- Department of Medicine

Conditions Treated:

- Psychological & Social Issues

Research Areas:

- Family and Mental Health Issues among Individuals with COPD

Programs & Services:

- Department of Medicine

Clinical Interests

Couples and family treatment in the context of chronic respiratory diseases.

Research Interests

Dr. Holm's research focuses on social and psychological factors that are related to COPD outcomes. Her research also focuses on the extent to which the relative importance of various social and psychological factors differs for individuals with COPD due to alpha-1 antitrypsin deficiency (AATD).

Recent Research:

"Social and Cognitive Risk Factors for Suboptimal Adherence to Supplemental Oxygen Therapy." PI: K Holm, American Lung Association.

"The Role of Families in Adherence to Supplemental Oxygen Therapy." PI: K Holm, National Council on Family Relations.

"Helping Alphas Succeed with Oxygen Therapy." PI: K Holm, Alpha-1 Foundation.

Education

1994 Wake Forest University (Winston-Salem, NC), BA

1999 Colorado State University (Fort Collins, CO), MS

2004 University of Minnesota (Twin Cities, MN), PhD

2010 Colorado School of Public Health (Denver, CO), MPH

Fellowship

2004 - 2006 University of Colorado Denver, Department of Psychiatry

2006 - 2007 National Jewish Health, Department of Medicine

Professional Memberships

American Association for Marriage and Family Therapy (AAMFT)
National Council on Family Relations (NCFR)
Collaborative Family Healthcare Association (CFHA)
American Thoracic Society (ATS)

Doctor's Contact Information

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Locations

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