



- Associate Professor
- Director of Cardiovascular Prevention and Wellness
- Director, Clinical Cardiology & Operations
- Division of Cardiology
- Department of Medicine

Conditions Treated:

- Preventative Cardiology
- Intracardiac Shunts
- Hypertension
- High Cholesterol
- Heart Valve Disease
- Dyspnea (Shortness of Breath)
- Diastolic Dysfunction
- Coronary Artery Disease (CAD)
- Congestive Heart Failure
- Cardiac Sarcoidosis

Research Areas:

- Cardiovascular Effects on Exercise
- Cardiovascular Health Outcomes
- Cardiac Sarcoidosis

Programs & Services:

- Cardiac Rehabilitation Programs
- Division of Cardiology (Adult)
- Pulmonary Hypertension Program
- Department of Medicine
- Cardiology Programs

Dr. Freeman combines both traditional Western medicine with a holistic approach on overall wellness and disease prevention through a combination of advanced cardiology diagnostics and lifestyle medicine in the form of a whole foods plant-based diet (vegan diet), regular exercise, mindfulness and support. He has been often nicknamed “The Vegan Cardiologist,” and his approach which integrates the latest evidenced-based medicine and lifestyle medicine achieves excellent results for his patients.

Research Interests

Cardiovascular Nutrition, Plant-Based Diets, Treatment Quality, Cardiovascular Outcomes, Cardiovascular Imaging

Clinical Interests

Dr. Freeman's clinician interests and expertise is in general cardiology, preventive cardiology, heart failure and cardiomyopathy, diastolic dysfunction (abnormal relaxation of the heart), chest pain and shortness of breath, heart problems caused by respiratory (lung) problems and high blood pressure (hypertension). He maintains certifications, performs clinical research, and is an expert in advanced cardiovascular imaging including echocardiography, nuclear and echo stress testing and cardiac CT. His clinical research interests include cardiac sarcoid; public health; exercise and health outcomes and cardiac nutrition.

Dr. Freeman is part of the leadership of both the local and national American College of

Cardiology, and runs the regional Walk with a Doc program.

Board Certification

Cardiovascular Disease
Internal Medicine
Echocardiography
Nuclear Cardiology
Cardiovascular Computed Tomography
Advanced Cardiac Life Support (ACLS) Certified

Education

1999 Cornell University, BA, Summa Cum Laude
2003 SUNY at Buffalo School of Medicine and Biomedical Science, MD with Research Honors

Residency

2003 - 2006 Brown University, Rhode Island Hospital, Internal Medicine

Fellowship

2006 - 2009 Temple University, Cardiology

Affiliations with the University of Colorado Denver

Assistant Professor of Medicine, University of Colorado Denver

Professional Memberships

Fellow, American College of Cardiology
Fellow, American College of Physicians
American Heart Association
American Society of Nuclear Cardiology
American Society of Echocardiography

Awards & Recognition

Chair of the National American College of Cardiology FIT Committee
Young Professionals Section Chair, American College of Cardiology
Chair of Community Events and Outreach, American College of Cardiology
Steering Committee, Patient-Centered Care, American College of Cardiology
Whitepaper Writing Group, Patient-Centered Care, American College of Cardiology
Chair of Young Professionals, Colorado Chapter of the American College of Cardiology
Organizer of [Walk With a Doc](#), Denver

Doctor's Contact Information

Office: 877.225.5654

Locations

National Jewish Health Main Campus
1400 Jackson St.

Denver, CO 80206

Saint Joseph Hospital
1835 Franklin Street

Denver, CO 80218