



- *Assistant Professor*
- *Division of Pulmonary, Critical Care & Sleep Medicine*
- *Department of Medicine*

Conditions Treated:

- *Dyspnea (Shortness of Breath)*
- *Chronic Cough*

Research Areas:

- *Palliative Care Integration for Patients with Chronic Respiratory Diseases*

Programs & Services:

- *Department of Medicine*
- *Palliative Care*
- *Division of Pulmonary, Critical Care and Sleep Medicine (Adult)*

My clinical interest is providing the best possible care for patients with pulmonary disease and critical illness. In addition to identifying and treating the causes of shortness of breath, I am interested in providing multidisciplinary and integrative treatment for the symptom of breathlessness in the outpatient setting. In the inpatient and intensive care settings, I strive to offer as many state of the art interventions as possible along with helping patients and families to determine how we can use these therapies in a way that aligns with their values and goals.

Board Certification

2017: ABIM Certified: Critical Care Medicine
2016: ABIM Certified: Pulmonary Diseases
2014: Board Certified in Internal Medicine

Education

2011 New York University School of Medicine (New York, NY), MD
2007 Stony Brook University Honors College (Stony Brook NY), BS, Pharmacology & Journalism

Residency

2011 - 2014 Boston University School of Medicine (Boston, MA), Internal Medicine

Fellowship

2017 University of Colorado School of Medicine (Aurora, CO), Fellow
2014 - Boston University School of Medicine (Boston, MA), Pulmonary & Critical Care
2017 Medicine

Awards & Recognition

Boston Medical Center Quality Improvement Award
Sir James Black Award and Scholarship in Pharmacology
Phi Beta Kappa and Golden Key Honor Society

Publications

Stevenson, E. K., **Rubenstein, AR.**, Radin, G. T., Wiener, R. S., & Walkey, A. J. (2014). Two decades of mortality trends among patients with severe sepsis: a comparative meta-analysis. *Critical care medicine*, 42(3), 625.

Stephens AR, Wiener RS, leong MH. (In press). Comparison of Strategies to Identify Documented Advance Care Planning Among Patients Presenting with Severe COPD Exacerbations. *Journal of Palliative Medicine*. URL: <https://www.ncbi.nlm.nih.gov/pubmed/28850288>

Stephens, A. R., Karin A. Sloan and Deborah Whalen et al. A Multidisciplinary Quality Improvement Initiative to Reduce Alarm Fatigue from Unnecessary Pulse Oximetry Alarms (American Thoracic Society Poster Discussion Session)

Stephens, A. R., Renda S. Wiener and Michael leong. "Advance Care Planning in Patients Admitted to the Medical Intensive Care Unit of a Urban Safety-net Hospital for Acute Exacerbation Chronic Obstructive Pulmonary Disease" (American Thoracic Society Poster Discussion Session 2016)

Doctor's Contact Information

Office: 877.225.5654

Locations

National Jewish Health Main Campus
1400 Jackson St.

Denver, CO 80206