



- *Assistant Professor*
- *Division of Pulmonary, Critical Care & Sleep Medicine*
- *Department of Medicine*

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#### Conditions Treated:

- *Chronic Cough*
- *Dyspnea (Shortness of Breath)*

#### Research Areas:

- *Palliative Care Integration for Patients with Chronic Respiratory Diseases*

#### Programs & Services:

- *Palliative Care*
- *Division of Pulmonary, Critical Care and Sleep Medicine (Adult)*
- *Department of Medicine*

My clinical interest is providing the best possible care for patients with pulmonary disease and critical illness. In addition to identifying and treating the causes of shortness of breath, I am interested in providing multidisciplinary and integrative treatment for the symptom of breathlessness in the outpatient setting. In the inpatient and intensive care settings, I strive to offer as many state of the art interventions as possible along with helping patients and families to determine how we can use these therapies in a way that aligns with their values and goals.

#### Board Certification

2017: ABIM Certified: Critical Care Medicine  
2016: ABIM Certified: Pulmonary Diseases  
2014: Board Certified in Internal Medicine

#### Education

2011 New York University School of Medicine (New York, NY), MD  
2007 Stony Brook University Honors College (Stony Brook NY), BS, Pharmacology & Journalism

#### Residency

2011 - 2014 Boston University School of Medicine (Boston, MA), Internal Medicine

#### Fellowship

2017 University of Colorado School of Medicine (Aurora, CO), Fellow  
2014 - Boston University School of Medicine (Boston, MA), Pulmonary & Critical Care  
2017 Medicine

#### Awards & Recognition

Boston Medical Center Quality Improvement Award  
Sir James Black Award and Scholarship in Pharmacology  
Phi Beta Kappa and Golden Key Honor Society

## Publications

Stevenson, E. K., **Rubenstein, AR.**, Radin, G. T., Wiener, R. S., & Walkey, A. J. (2014). Two decades of mortality trends among patients with severe sepsis: a comparative meta-analysis. *Critical care medicine*, 42(3), 625.

**Stephens AR**, Wiener RS, leong MH. (In press). Comparison of Strategies to Identify Documented Advance Care Planning Among Patients Presenting with Severe COPD Exacerbations. *Journal of Palliative Medicine*. URL: <https://www.ncbi.nlm.nih.gov/pubmed/28850288>

**Stephens, A. R.**, Karin A. Sloan and Deborah Whalen et al. A Multidisciplinary Quality Improvement Initiative to Reduce Alarm Fatigue from Unnecessary Pulse Oximetry Alarms (American Thoracic Society Poster Discussion Session)

**Stephens, A. R.**, Renda S. Wiener and Michael leong. "Advance Care Planning in Patients Admitted to the Medical Intensive Care Unit of a Urban Safety-net Hospital for Acute Exacerbation Chronic Obstructive Pulmonary Disease" (American Thoracic Society Poster Discussion Session 2016)

## Doctor's Contact Information

Office: 877.225.5654

## Locations

National Jewish Health Main Campus  
1400 Jackson St.

Denver, CO 80206