## Indications for studies:

A cardiologist may extend or modify this test without my prior notification unless checked. (Note if box is marked, modifications to the test may be made only with the consent of the ordering physician.)

### Echocardiography, ECG, and Monitoring

- Echocardiogram Routine
- ECG - 12 Lead
- Signal-Averaged ECG & ECG 12 Lead
- Echo Agitated Saline
- Holter Monitor
- Ambulatory Blood Pressure Monitor (24 hr)

(Ultrasound contrast Echo will be performed only if determined necessary by the cardiologist)

### Stress Testing

*Stress tests will not be scheduled or performed if this form is not completed*

**Basic Patient Information:**

- **Resting ECG:** Normal, Abnormal, Unknown
- **Pacemaker / ICD:** Y/N
  - If ICD, what is VT rate? __________

- **Is the patient currently taking any of the following medications:**
  - □ Beta Blockers,
  - □ Calcium Channel Blocker,
  - □ Anti-arrhythmic,
  - □ Angiotensin II Receptor Blockers
  - □ ACE inhibitors,
  - □ Cholesterol Medication,
  - □ Anticoagulants,
  - □ Infectious Precautions

- *Beta blocker and Calcium channel blocker may be held for testing unless otherwise specified*

- **Cardiac Risk Factors:**
  - □ Hypertension
  - □ Diabetes
  - □ Tobacco
  - □ Elevated Cholesterol
  - □ Family Hx CAD
  - □ Sedentary Lifestyle
  - □ Obesity

**Exercise Stress Test**

(Treadmill with Ramp Protocol unless specified otherwise)

**Stress Echo - Agitated Saline (Shunt)** with Treadmill

**Stress Echo - Ischemia** with mode __Treadmill, ___Dobutamine*

(For Ischemia Stress Echo, ultrasound contrast will be used if clinically indicated unless specified otherwise)

**Nuclear Stress Treadmill Exercise Test**

(2 day protocol unless specified otherwise)

**Nuclear Stress Pharmacologic Test**

- □ Regadenoson*(Lexiscan) **Preferred**
  - __ Dobutamine*

*The following medication may be given per policy:

- Albuterol Nebulizer 2.5 mg in 3 ml NS PRN
- Dobutamine 500mg/250ml D5W @ 2.5-50 mcg/kg/min IV
- Regadenoson 0.4mg give IV push
- Dipyridamole 0.57 mg/kg given IV over 4-6 min.
- Atropine 0.25-0.5mg IVP PRN
- Aminophylline 50-125 mg IVP PRN
- Diphenhydramine 50 mg IVP PRN

**Stress Testing**

*Stress tests will not be scheduled or performed if this form is not completed*