

BIOGRAPHICAL SKETCH

Provide the following information for the Senior/key personnel and other significant contributors.
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NAME Amy V. Lukowski

eRA COMMONS USER NAME (credential, e.g., agency login):

POSITION TITLE: Assistant Professor of Medicine, Clinical Director

EDUCATION/TRAINING (*Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable. Add/delete rows as necessary.*)

INSTITUTION AND LOCATION	DEGREE (if applicable)	Completion Date MM/YYYY	FIELD OF STUDY
University of Wyoming, Laramie, WY	B.S.	1995	Psychology
University of Wyoming, Laramie, WY	M.S.	1997	Counseling
University of Northern Colorado, Greeley, CO	Psy.D.	2004	Counseling Psychology
Creighton University, Omaha, NE		8/2003- 7/2004	
Creighton University, Omaha, NE		8/2004- 7/2005	
University of Wyoming, Laramie, WY	B.S.	1995	Psychology

A. Personal Statement

National Jewish Health provides telephonic tobacco cessation services through QuitLine services. In my current role, I am responsible for the clinical content and leadership of the Health Initiatives programs at National Jewish Health, which includes QuitLogix. I am responsible for developing the content of clinical programs, coach training, aiding and monitoring the development and assessment of the program's clinical quality assurance and quality improvement program. I also support the strategic and tactical goals of the Health Initiative programs including expanding the knowledge base of QuitLogix programs through research.

I am a licensed psychologist and a MINT (Motivational Interviewing Network of Trainers) trainer. I have expertise in working with individual patients and populations in creating health behavior change. I have also worked in weight management services over the past 9 years with both individuals and populations. I have significant experience using Motivational Interviewing (MI) over the past 9 years in my psychology training and as a licensed practicing counseling psychologist for the past 8 years.

B. Positions and HonorsPositions and Employment**Positions and Employment**

1999-2000 Research Assistant, National Jewish Health, Denver, CO.
2000-2001 Graduate Assistant, Drug Prevention/Education Program,
University of Northern Colorado, Greeley, CO.
2001-2003 Neuropsychological Technician, Adult Psychosocial Medicine,
National Jewish Health, Denver, CO. 2003-2004 Psychology Intern, Counseling and
Psychological Services,
Creighton University, Omaha, NE.

2004-2005	Psychologist, Nancy Willcockson, Ph.D., Omaha, NE.
2004-2005	Psychologist, Counseling and Psychological Services Creighton University, Omaha, NE.
2005-2008	Psychologist, The BACCHUS Network, Denver, CO.
2008-2010	Psychologist, National Jewish Health, Denver, CO Assistant Professor of Medicine, National Jewish Health, Denver, CO
2009-present	Clinical Director, Health Initiatives, National Jewish Health, Denver, CO
2009-2016	Assistant Professor, Department of Psychiatry, University of Colorado Denver School of Medicine
2009-present	Assistant Professor, National Jewish Health, Denver, CO
2016-present	Associate Professor, Department of Psychiatry, University of Colorado Denver School of Medicine

Other Experience and Professional Memberships

2000-present	American Psychological Association (APA), Division 17
2007-present	American Psychological Association (APA), Division 38
2008-present	Colorado Psychological Association (CPA)
2012-present	North American Quitline Consortium (NAQC), Board of Directors

Honors

1995-1997	University of Wyoming- Women and Minority Fellowship
2001-2002	University of Northern Colorado- Diversity Fellowship
2002	University of Northern Colorado- Outstanding Woman of 2002

C. Contribution to Science

Briefly describe up to five of your most significant contributions to science. For each contribution, indicate the historical background that frames the scientific problem; the central finding(s); the influence of the finding(s) on the progress of science or the application of those finding(s) to health or technology; and your specific role in the described work. For each of these contributions, reference up to four peer-reviewed publications or other non-publication research products (can include audio or video products; patents; data and research materials; databases; educational aids or curricula; instruments or equipment; models; protocols; and software or netware) that are relevant to the described contribution. The description of each contribution should be no longer than one half page including figures and citations. Also provide a URL to a full list of your published work as found in a publicly available digital database such as SciENcv or My Bibliography, which are maintained by the US National Library of Medicine.

Complete List of Published Work in MyBibliography:

Quitline Outcomes for Smokers in 6 States: Rates of Successful Quitting Vary by Mental Health Status
Amy V. Lukowski; Chad D. Morris; Susan E. Young; David Tinkelman
Nicotine & Tobacco Research 2015 17 (8): 924-930
doi: 10.1093/ntr/ntu252D. Research Support

Characteristics of American Indian/Alaskan Native Quitline Callers Across 14 States Amy V. Lukowski; Chad Morris; Susan Young; David Tinkelman.
Nicotine & Tobacco Research 2016
doi: 10.1093/ntr/ntw154

Tobacco user characteristics and outcomes related to intensity of quitline program use: results from Minnesota and Pennsylvania
Rebecca K. Lien, MPH; Barbara A. Schillo, PhD; Jay L. Mast; Amy V. Lukowski, PsyD; Lija O. Greenseid, PhD; Jennifer D. Keith, MPH, CPH; Paula A. Keller, MPH
J Public Health Management Practice, 2015, 00(00), 1–11
DOI: 10.1097/PHH.0000000000000382

Quitline Outcomes for Smokers in 6 States: Rates of Successful Quitting Vary by Mental Health Status Amy V. Lukowski; Chad D. Morris; Susan E. Young; David Tinkelman *Nicotine & Tobacco Research* 2015 17 (8): 924-930 doi: 10.1093/ntr/ntu252

Ongoing Research Support

NA

Completed Research Support

NIH: National Institute on Drug Abuse 5R01DA021265-02 LaChance 08/15/2007-05/31/2010
Behavioral Couples Treatment for Smokers and Non-Smoking Partners

The goal of this study to explore the impact of delivering behavioral couples therapy to couples who were trying to quit smoking.

Role: Therapist