## **Program Aims**

- 1. To develop, mentor, and train medical residents to become excellent, competent, compassionate sleep medicine physicians.
- 2. To train future leaders in the field of sleep medicine who will generate new knowledge in sleep medicine, increase recognition of sleep disorders, and address the importance of good sleep quality on overall health
- 3. To provide training in a variety of settings from pediatric to adult populations, with exposure to the gamut of sleep disorders and with access to the full spectrum of sleep testing.