

DIVERSITY & INCLUSION Knowledge • Mindfulness • Behavior

DEI Newsletter

Volume 4 — September 2021

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Events & Updates

Thanks to the generosity of donors *Elizabeth A. Harris and Deborah Jensen*, we will host two special sessions:



Wednesday, Sept. 22, 2021, 12-1 p.m.: DEI Special Lecture in honor of Hispanic Heritage Month Negotiating Cultural Expectations: Productive Healthcare Engagement and The "Hispanic" Patient

Presented by **Debora Ortega**, **MSW**, **PhD** Professor, Graduate School of Social Work Founding Director of the Latino Center for Community Engagement and Scholarship University of Denver

Tuesday, Nov. 9, 2021, 12-1 p.m.: DEI Special Lecture Imagining Native People in Modern America Presented by David Treuer, PhD New York Times Best Selling Author Professor of English University of Southern California





Reminder: our <u>DEI website</u> has been updated! Check out the website for additional news and resources, as well as links to past issues of this newsletter.

September Holidays & Recognitions

National Hispanic Heritage Month is Sept. 15 to Oct. 15

This annual month-long observance celebrates the histories, culture, and contributions of Americans whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America. The day of September 15 is significant because several Latin American <u>countries</u> celebrate independence or other holidays that day. The theme of the 2021 Hispanic Heritage Month is "<u>Esperanza: A</u> <u>Celebration of Hispanic Heritage and Hope</u>." Make sure to attend Dr. Ortega's guest lecture on 9/22 (details listed above) and check out other local ways to celebrate <u>National Hispanic Heritage Month in</u> <u>Denver</u>.

- Sept. 5 <u>International Day of Charity</u>, commemorating the passing away of Mother Teresa and promoting charitable efforts to alleviate human suffering
- Sept. 7, 8 Rosh Hashanah, Jewish New Year
- Sept. 8 <u>International Literacy Day</u>, reminding the public of the importance of literacy as a matter of dignity and human rights



- Sept. 15, 16 Yom Kippur, known as the Day of Atonement and the holiest day of the year in Judaism
- Sept. 23 <u>Bi Visibility Day</u>, recognizing and celebrating the bisexual community

Are you practicing inclusivity with holidays in the workplace?

As we enter the fall months, a lot of different holidays are coming up that people may be observing in a variety of ways. One way to practice inclusivity and deliberate community is to integrate holidays and annual observances from a wide range of religious traditions into your calendar. This can help as you plan events, schedules, and projects. The University of Denver has outlined a series of best practices for interfaith scheduling. Check out their tools for transforming your work calendar into an interfaith calendar!

• Find more monthly DEI holidays here.

Educational Resources

DEI Research Updates (submitted by Liz Kellermeyer and Devon Smith)

Code-Switching and Assimilation in STEM Culture

The scientific community cannot claim it is becoming a diverse and inclusive culture based on numbers alone — not if professionals who are Black, Indigenous, and People of Color must leave themselves behind to be part of it.

Recorded webinar from the CU Anschutz Campus Center for Bioethics and Humanities

<u>Hear My Voice / Escucha Mi Voz: The Testimonies of Children Detained at the Southern Border of the U.S.</u>, was presented by Warren Binford, JD, M.Ed., and Cecilia Ruiz on May 10, 2021. <u>Warren Binford</u> is the W.H. Lea Endowed Chair for Justice in Pediatric Law, Ethics and Policy at the CU School of Medicine. She is also a writer and attorney, and recently united with 17 Latinx illustrators to create a book titled "<u>Hear My</u> <u>Voice/Escucha Mi Voz</u>."

Resources from our DEI Print Library

Antisemitism: Here and Now by Deborah Lipstadt

This award-winning author gives us a penetrating and provocative analysis of the hate that will not die, focusing on its current, virulent incarnations on both the political right and left, and on what can be done about it.

The library team has built a wonderful collection of D&I books that are available for staff and faculty to check out for personal use at the Tucker Medical Library (catalogue: <u>http://bit.ly/njdiversity</u>).

30-Day Challenge

One of the most powerful ways to combat bias is to educate yourself. The University of Colorado School of Medicine has a great <u>30-day Anti-Racism Challenge</u> with included links for each day's topic.

 Not able to do the full 30-Day Challenge right now?
Here are two short recommendations for September:
1) <u>Understanding White Fragility</u>, an article by Dr. Robin DiAngelo explaining why racism can be hard for white people to discuss
2) <u>Recognizing Racism in Your Community</u>, an article about how Black people experience racism in Denver and ideas for reform

Getting Involved

- If you have a passion around DEI work, we are always interested in fresh ideas. Email <u>Dr. Taylor-Cousar</u> or <u>Dr.</u> <u>Carrie Horn</u>.
- To get involved in the production of this newsletter or share ideas/suggestions for future newsletters, please contact <u>Dr. Devon Smith</u>.

