

SCARE AWAY ALLERGY FEARS ON HALLOWEEN

Use hypoallergenic makeup

Avoid makeup on children with eczema

Bring the epinephrine

Offer food allergy safe treats at your house

No eating until a parent inspects candy

Don't eat unlabeled food

Read all labels

Balance candy consumption



NON-FOOD TREAT IDEAS FOR CHILDREN WITH FOOD ALLERGIES



Glow-in-the-dark necklaces & rings



Fun sunglasses



Hair bands & Barrettes



Puzzles & Stickers



Yo-yos



Card games



There's an anaphylaxis reaction every

6 MINUTES



1 IN 13

children have food allergies



50.9K acres of pumpkins harvested



90 MILLION

pounds of chocolate bought Halloween week

Peanuts are the most common food allergen

50% rise in food allergies 1997 to 2011

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Breathing Science is Life.