

# Department of Nursing We Believe In:

- Excellence
- Education
- Innovation
- Collaboration

## Anticoagulation Clinic at National Jewish Health

### Patient Safety Goal

- Reduce the likelihood of patient harm associated with the use of anticoagulant therapy.
  - Follow approved guidelines for patient assessment and monitoring
  - Provide patient education
  - Evaluate practices for improvement opportunities

### Anticoagulation Medicine

- Anticoagulation medicine inhibits blood clotting, helping to prevent blood clots.
- Blood clots can cause heart attacks and strokes.
- Anticoagulation medicines can be used with a number of diseases when there is an increased risk of blood clots.

### Anticoagulation Medicine

- The amount of anticoagulation medicine in your blood should be monitored closely.
- The INR blood level is a standard measure of the clotting process time.

### Anticoagulation Team

- The team includes the:
  - Patient
  - Doctor
  - Nurse
  - Pharmacist
  - Lab members
- You will see the nurse every 1 – 4 weeks in the beginning, then routinely.



### Anticoagulation Nurse Visit

- The nurse will draw blood with a fingerstick to test your INR level.
- The Anticoagulation Team will look at the INR trends to determine the dose of medicine for you.

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If you would like to learn more, ask your health care provider about the Anticoagulation Clinic at National Jewish Health.

