

Pediatric Sleep Related Impairment– SF8

Please respond to each question or statement by marking one box per row.

In the past 7 days...	Never	Almost never	Sometimes	Almost always	Always
I was sleepy during the daytime					
I had a hard time concentrating because I was sleepy					
I had a hard time getting things done because I was sleepy					
I had problems during the day because of poor sleep					
I had trouble staying awake during the day					
It was hard for me to have fun because I was sleepy					
I could not keep my eyes open during the day					
I was in a bad mood because I was sleepy					