

MEDfacts

An Educational Health Series From National Jewish Health®



Using An Auvi-Q®

The Auvi-Q® is an auto-Injector with **voice instructions**. It is an easy and convenient way to give epinephrine. Epinephrine is a medicine used to treat an anaphylactic reaction. Anaphylaxis is a systemic (whole body), life threatening allergic reaction. It is the most severe type of allergic reaction. The Auvi-Q™ is designed to provide fast, reliable first-aid for an anaphylactic reactions. It works quickly to help reverse symptoms which may follow exposure to insect bites and stings, food or drug reactions and exercise-induced anaphylaxis.

The Auvi-Q® is compact and easily carried in your pocket, purse or fanny-pack. It is pre-assembled, filled and ready to use right away. The Auvi-Q® will give you voice instructions on how to use it. A tiny, concealed, spring-activated needle penetrates the skin once the syringe is activated. The Auvi-Q® is available in two strengths, 0.3 mg. and 0.15 mg. Your health care provider will prescribe the Auvi-Q® that you should use. Ask your health care provider how to use the Auvi-Q®.

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How To Use An Auvi-Q® Auto-Injector

Remove the Auvi-Q® from the outer case.

- Do not proceed until you are ready to use Auvi-Q®. If you are not ready to use, the Auvi-Q® replace the outer case.
- Once you remove the Auvi-Q® from the outer case you will hear voice instructions.

Give the Auvi-Q® injection

- Pull off the red safety guard. Pull firmly to remove. The safety guard is meant to be tight.
- Never put your hands, fingers or thumb over the black base, to avoid accidental injection.



- Place the black end against the middle of the outer thigh. Only inject into the middle of the outer thigh (upper leg). Do not inject into another location.
- If you are administering Auvi-Q® to a young child, hold the leg firmly in place while administering an injection.
- Press firmly and hold in place for **5 seconds** to deliver the medicine. Auvi-Q® makes a click and hiss sound when activated. This is normal. Do not pull Auvi-Q® away from the leg when you hear to click and hiss sound.
- The voice instruction system will confirm Auvi-Q® has been used. The Auvi-Q® will beep and the lights will blink red.
- Remove the unit from the thigh.
- The needle automatically retracts after the injection is complete, so the needle will not be visible after the injection.



After Using Auvi-Q®

- Call 911 and seek medical attention right away. The effects from this medicine may wear off in 10-20 minutes.
- Take the used auto-injector with you to the hospital emergency room.

After Auvi-Q® is given:

- The black base will lock into place.
- The red safety guard cannot be replaced.
- The viewing window will no longer be clear.
- Some medicine will remain in Auvi-Q®. The injection is complete.
- After using the Auvi-Q® most people experience a rapid heartbeat and "nervousness." Ask your health care provider for a complete list of side effects.
- Check the expiration date on your Auvi-Q®. Be sure to replace your Auvi-Q® before the expiration date. You can dispose of an expired Auvi-Q® at the Doctors office or hospital.
- **Remember, if you use the Auvi-Q®, call 911 and seek medical attention right away. The effects from this medication may wear off in 10-20 minutes.**

Note: This information is provided to you as an educational service of LUNG LINE® (1-800-222-LUNG). It is not meant to be a substitute for consulting with your own physician. ©Copyright January, 2014, 2017 National Jewish Health PTE.303