Sarcoidosis causes the immune system to overreact and produce clusters of inflammation, called granulomas, usually in the lungs.

**CAUSE**
Sarcoidosis has more than one cause, but the exact cause is still unknown.

**SEEN MORE COMMONLY IN**
- African, Scandinavian or European descent
- Women
- Ages 30 to 50

**SIGNS AND SYMPTOMS**
- Night sweats
- Lightheadedness and heart issues
- Shortness of breath
- Weight loss
- Skin that's raised, pink or purple, painful nodules under the skin
- Low-grade fever
- Red, painful, dry eyes, vision issues
- Enlarged or painful chest lymph nodes
- Enlarged spleen or liver
- Fatigue

50% of people with sarcoidosis have no symptoms.

**DIAGNOSIS**
- Medical exam
- Chest X-ray or CT scan
- Biopsy showing granulomas

**TREATMENT**
- Anti-inflammatory medications
- Oxygen therapy
- Pulmonary rehabilitation