

MEDICATION TRACKER

Use this tool to keep track of your medications and discuss with your healthcare provider at each visit. Put a check mark (✓) in the last column to communicate with your healthcare provider about how your medications are working.

Name:	Date of Birth:
Pharmacy Name:	Pharmacy Number:
Allergies:	

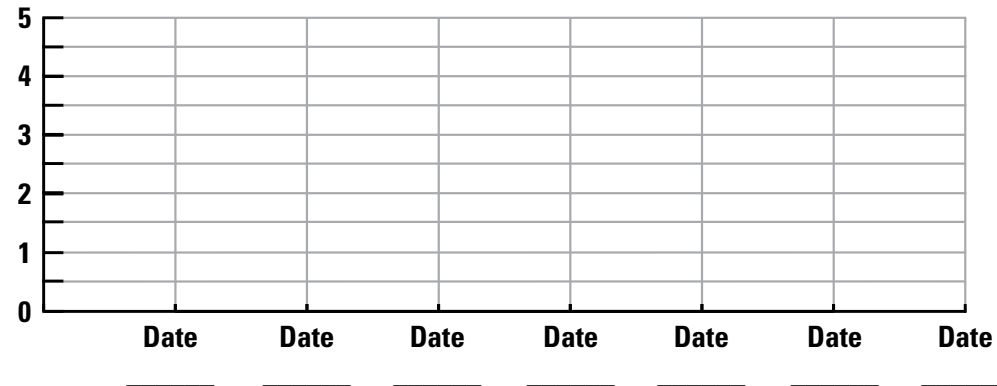
Medication	Amount	Time Taken	Purpose	Date Started	Date Stopped	Side Effects	Reponse to Medications
		<input type="checkbox"/> Morning <input type="checkbox"/> Afternoon <input type="checkbox"/> Evening <input type="checkbox"/> Bedtime					
		<input type="checkbox"/> Morning <input type="checkbox"/> Afternoon <input type="checkbox"/> Evening <input type="checkbox"/> Bedtime					
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TRACK YOUR PROGRESS

Your healthcare provider may routinely monitor your lung function. Use this tool in collaboration with your healthcare provider to record your FVC and DLCO over time.

FVC

FVC (forced vital capacity) or simply lung capacity – a measure of how much air the lungs can hold.



DLCO

DLCO (diffusing capacity of the lung for carbon monoxide) or simply diffusing capacity – a measure of how well oxygen in the air you breathe is able to make its way down into the air sacs of the lungs, through the walls of the air sacs and into the bloodstream.

