

# Epinephrine Injection:

The quick, easy-to-use shot

*that could save lives.\**  
It's not the last resort!



## WHAT

### Is Epinephrine?

Also known as adrenaline, epinephrine is a hormone our body makes naturally, and it is used to treat severe or life-threatening allergic reactions known as anaphylaxis. Anaphylaxis can occur after exposure to allergens such as:

- Food
- Insect stings
- Medications

## WHEN

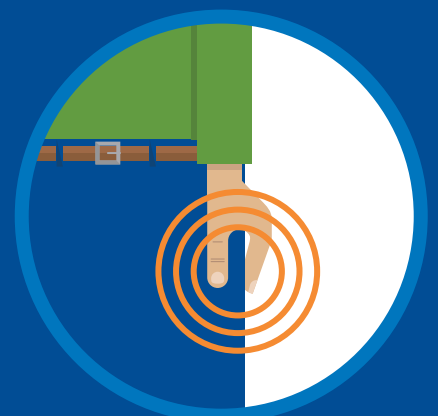
### When to Use Epinephrine

At the first sign of a severe allergic reaction. Signs of a reaction include:

- Difficulty swallowing or drooling because you can't swallow
- Coughing, difficulty breathing or chest tightness
- Repeated vomiting or significant abdominal pain

## HOW to Use an Epinephrine Injector\*

- 1 Hold the auto-injector tightly in a fist. Remove the blue safety cap from the top end.
- 2 Place the orange end of the device against the middle of the outer thigh and push firmly.
- 3 Keep the pen pressed firmly against the thigh for 3 seconds.
- 4 Remove pen and massage the injection area.



\*Always follow the manufacturer's instructions for the specific injector you are using.



## AFTER USE

- Monitor for symptoms. If symptoms persist or worsen, get emergency medical help.
- Make sure a second injection is nearby; if symptoms continue or come back within 10–15 minutes, you may need another dose
- Take (or give your child) an antihistamine



## TYPES OF EPINEPHRINE

Common brands include:

- EpiPen® Auto-Injector
- EpiPen® Jr. Auto-Injector



## TIPS

- Carry two auto-injectors with you at all times
- You can inject through your clothing
- Epinephrine is a very safe medicine. If you think you need it, use it.

\*This applies to EpiPen and generic epinephrine autoinjectors made by Viatrix and Teva Pharmaceutical Industries.