



1400 Jackson Street  
Denver, CO 80206

[njhealth.org](http://njhealth.org)

Greetings!

Thank you for your interest in the National Jewish Health Pediatric Day Program. We are truly looking forward to working with you and your child.

The Pediatric Day Program is a complete program of care and education. A dedicated team of specialists will work with you and your family to provide the best individualized care for your child.

Your child's dedicated team will include a medical doctor, a doctor in-training to become a specialist in allergy and immunology or an experienced nurse practitioner or physician's assistant, registered nurses and a child life specialist. A behavioral health provider or other specialists may be added to the team as necessary.

Our unique program allows the team to observe and monitor your child's symptoms throughout the day. This way we can make an accurate diagnosis and develop a successful individualized treatment plan. You will have a "home base" within the Pediatric Care Unit. Here you check in each day and review the day's schedule with your child's team. During your stay, you and your child will attend medical appointments, have necessary tests performed and actively participate in patient education.

At National Jewish Health we pledge to always honor and respect your child's rights to the best of our ability and to provide the highest level of care possible.

In this packet you will find information to help you prepare for your visit to National Jewish Health, as well as information that will be useful during your stay. Please feel free to contact the Pediatric Administrative Coordinator at 303.398.1239, with any questions or concerns.

We look forward to seeing you soon.

The Day Program Team

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## General Information

**In Case of Emergency.** Once you have arrived in Denver, if your child needs medical attention before the day of admission or while you are not on the National Jewish Health campus, call the 24/7 Pediatric Phone Triage service at 303.398.1239. One of our nurses will help you. Tell the nurse that your child is here for the Day Program. Walk-in triage care is available in our Immediate Care clinic. It is open seven days a week, from 8 a.m. to 7 p.m. **If your child is having a significant breathing problem or other emergent condition, call 911.**

**Arrival Time.** Your family should arrive at the time given by your Patient Administrative Coordinator. Report to the admissions desk on the first floor in the Center of Outpatient Health. If your arrival time will be delayed, please call 303.398.1239.

**Patient Safety.** It is necessary for us to take special precautions to protect all of our patients and families from contagious infections. If your child shows any signs or symptoms of infection, they may be placed in isolation until this can be confirmed by our diagnostic laboratory. We apologize in advance for any inconvenience. This is to protect other patients and family members who may have compromised immune systems.

**Length of Stay.** The length of stay will depend on your child's illness and their diagnostic needs.

**Where to Stay.** Please visit [www.njhealth.org](http://www.njhealth.org) for a list of local hotels and non-profit facilities that offer special discounted rates for our patients. If your child's team thinks your child needs to be monitored overnight, they will discuss that with you after your evaluation has begun.

**Where You Will Be During the Day.** The number of patients we have in the Day Program varies day to day. There may not always be a private room for you and your child. You will have access to the common areas on the unit. However, we will try to accommodate your needs to the best of our capability.

**Family Members and Visitors.** Certain tests/appointments only allow for the patient and/or their guardians to be present. Due to this, if siblings are present, additional care givers are required. There is no childcare provided, and all children must be supervised at all times by guardians or care givers.

**Meals.** "Grab and Go" food items are available. Parents can purchase meals in our cafeteria to eat with their children on the unit. If you prefer to bring food from off campus you will have access to a refrigerator and a microwave.

## General Information continued

**Parking.** Free patient parking is available Monday-Sunday, 24 hours a day. We also offer valet services to our patients and visitors, Monday-Friday 8:00 a.m. to 4:30 p.m.

**Pharmacy.** National Jewish Health has an onsite pharmacy to provide prescription services for medications your physician may prescribe during your stay. The pharmacy can process most prescription insurance claims electronically as prescriptions are filled.

**It is the patient's responsibility to verify prescription benefits with their insurance carriers. To reduce the amount of time it takes to fill prescriptions during your child's evaluation in the Day Program, we encourage you to verify coverage before you arrive.**

Payment can be made using cash, check or major credit cards. Payment is required when prescriptions are filled. The pharmacy staff will be glad to answer any questions you may have regarding your medication or prescription charges by calling 303.398.1582 or visiting the pharmacy located in the main lobby of the Center of Outpatient Health Building. The pharmacy hours are Monday-Friday 8:30 a.m. to 5:30 p.m.

**Patients Representative Program.** The National Jewish Health Patient Representative Program is available to assist patients and families with special concerns that are not resolved by members of your patient's care team. You may contact the Patient Representative by calling 303.398.1076, or by dialing the in-house operator.



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## Responsibilities for Parents and Patients

- Do not wear perfumes, colognes, aftershave, scented lotions, or scented hair products, as these can cause an allergic reaction in some of our patients. We are a fragrance-free facility.
- National Jewish Health is a non-smoking facility.
- Be aware of your schedule at all times and arrive on time to each appointment/test. Certain tests may not be able to be rescheduled if missed. Notify your Patient Administrative Coordinator at 303.398.1239 in advance if you cannot keep an appointment.
- Send all medical records to National Jewish Health in advance of your visit. Please see the Medical Records section for further direction.
- Complete the attached patient questionnaire and bring it with you on the first day of your appointments.
- Follow the guidelines found in the Preparing for Your Tests section.
- Be honest and direct about aspects of your life that relate to your child's illness and experience here. This helps your medical team complete a relevant evaluation and create a useful treatment plan for your child.
- Know the names and dosages of the medications your child is taking. Bring all the medications and medical devices your child is currently taking/using.
- Report any changes in your child's health to your doctor or nurse as soon as possible.
- As a courtesy to our patients, National Jewish Health verifies your insurance coverage. This does not guarantee your insurance will cover your child's appointments and testing. Please contact your insurance carrier if you have questions about your coverage.
- Your child may require testing at another health care facility. Our staff will assist you in making these arrangements. National Jewish Health is not responsible for verifying your insurance benefits at other facilities.
- Please be considerate of other patients' privacy at all times.
- Please keep track of your personal belongings and valuables. National Jewish Health is not responsible for any lost, stolen, or damaged items.

## Items to Bring for Day Program

### All Patients:

- ☐ All current medications (prescription and over the counter) in the original containers (if possible) Health insurance policies and/or insurance card
- ☐ Guardian photo ID card
- ☐ Prescription card
- ☐ Any necessary referrals or authorizations required by your insurance company
- ☐ Any pertinent legal documents such as custody and/or divorce documents
- ☐ Comfortable clothing and shoes (appropriate for physical activity)
- ☐ Toiletries
- ☐ Security items i.e. blanket, teddy bear, etc.
- ☐ Homework if necessary

*Please note Colorado weather can be unpredictable. While preparing for your visit please ensure that you have packed the appropriate seasonal items. Also, Denver is located one mile above sea level, so sunscreen is recommended year-round.*

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### Eczema Patients Only:

- ☐ 12 pairs of long tube socks
- ☐ 3 sweat suits (sweat shirt and sweat pants) or 3 pairs of zip-up footie pajamas
- ☐ 3 pairs of thermal underwear if available or 4 light weight sleepers for infants and young children

*See examples on the next page.*

### If your child uses any of the following, please also bring them:

- ☐ Peak flow meter, spacers for metered dose device (asthma patient)
- ☐ CPAP machine
- ☐ Ventilatory assist device Compressor-
- ☐ Nebulizer
- ☐ Special oxygen equipment (oximeter)
- ☐ Glucometer and test strips

## Items to Bring for Day Program continued

### Eczema Patients Only – Please Bring the Following:

12 pairs long cotton tube socks



3 or more sets of sweat shirts/pants or fleece footie pajamas



3 or more sets of long underwear or cotton footie pajamas





## Preparing for Your Tests

Your doctor has recommended your child have certain tests as part of your evaluation at National Jewish Health. The most frequently ordered test is for allergies. Allergy testing can include up to 40-skin pricks per appointment. The testing is usually done on the back and is relatively painless. Try to avoid lotions, oils and creams on the back for this test. **All oral antihistamines will need to be stopped prior to testing because they can affect the results.** Check with your child's doctor before you stop any medicines.

Withhold (stop taking) oral antihistamines for the designated length of time before your appointment.

If your child is taking this medicine	Stop taking this medicine
Claritin <sup>®</sup> (Loratadine)	5 days before your appointment
Allegra <sup>®</sup> (Fexofenadine)	5 days before your appointment
Clarinex <sup>®</sup> (Desloratadine)	5 days before your appointment
Actifed <sup>®</sup> , Dimetapp <sup>®</sup> (Brompheniramine)	3-4 days before your appointment
Atarax <sup>®</sup> , Vistaril <sup>®</sup> (Hydroxyzine)	3-4 days before your appointment
Benadryl <sup>®</sup> (Diphenhydramine)	3-4 days before your appointment
Chlortrimeton <sup>®</sup> (Chlorpheniramine)	3-4 days before your appointment
Phenergan <sup>®</sup> (Promethazine)	3-4 days before your appointment
Tavist <sup>®</sup> , Antihist <sup>®</sup> (Clemastine)	3-4 days before your appointment
Actifed <sup>®</sup> , Aller-Chlor <sup>®</sup> , Bromfed <sup>®</sup> , Drixoral <sup>®</sup> , Dura-tab <sup>®</sup> , Novafed-A <sup>®</sup> , Onrade <sup>®</sup> , Poly-Histine-D <sup>®</sup> , Trinalin <sup>®</sup> Zyrtec <sup>®</sup> (Combination medicines) (Cetirizine)	3-4 days before your appointment
Singulair <sup>®</sup> (Montelukast)	The night before your test

► If your child is taking an oral antihistamine that is not listed, hold the medicine for **3 - 4 days** before the appointment. If you are not sure if the medicine your child is taking is an antihistamine, ask your child's doctor, or call the Pediatric phone nurse at 303.398.1239.

► Continue to give your child all other medicine that they usually take.



## Patient Financial Responsibility

National Jewish Health is committed to providing quality health care and service to all patients. We understand that billing and payment for health care services can be confusing and complicated. Knowing your insurance policy is vital to receiving the maximum benefits possible. Failure to meet your insurance requirements may result in partial or complete claim denial and/or a higher co-payment/or deductible. We request that you pay any insurance copayments, deductible, and/or coinsurance at the time of registration.

Please be aware, National Jewish Health is a hospital facility and the physicians are employees of the hospital. Therefore, in addition to a specialty physician co-payment, a hospital co-payment, deductible, and/or co-insurance may apply. If you have any questions about your financial responsibility, please contact your insurance carrier.

As a courtesy to patients and their families, National Jewish Health submits claims to most insurance carriers. To insure proper and prompt processing of your claim, it is important that all current insurance information be presented at the time of pre-registration and/or admission. Please have a copy of your insurance card and your driver's license or other form of identification with you when you check-in.

National Jewish Health is a specialty hospital. Consequently, many insurance plans require a referral in order to access health care at National Jewish Health. If your insurance plan has such a requirement, it is your responsibility to obtain a referral from your primary care physician and/or specialist physician. Referrals can be faxed to 303.270.2161.

If your insurance plan requires scheduled medical services to be pre-certified or pre-authorized, National Jewish Health will attempt to obtain such approval from the insurance plan or the entity responsible for utilization management. Failure to meet your insurance requirements may result in partial or complete claim denial or a higher copayment/or deductible, and you may be responsible for the remaining balance.

National Jewish Health staff are available to assist you in understanding your hospital insurance benefits. We attempt to verify your insurance benefits prior to medical services being completed. Estimates of your financial responsibility are based on the accuracy of this information. The insurance benefit information provided by your insurance plan is based on the latest information they have available. Please remember that your insurance plan benefits are a contract between you, your employer and your insurance company. It is in your best interest to know and understand your benefits.

In the event you do not have insurance coverage, or cannot pay the patient responsibility portion of your bill, you will be asked to speak with one of our financial counselors. Our financial counselors are trained to assist you in meeting your financial obligations. We offer a variety of payment plans and prompt payment discounts. We accept all major credit cards. Financial counselors can also assist you in applying for charitable or public assistance programs for which you may be eligible. This service is provided to you at no cost. However, your cooperation is essential to successfully qualify for these programs. You are still financially responsible for the medical services until you are qualified for one of the programs. Please contact our Patient Financial Counseling Office at 303.398.1065 with any questions prior to your visit.

Please remember that all of your copayments for prescriptions will be collected at the Pharmacy.



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## How to Request Medical Records

If you want your medical records mailed to National Jewish Health, please do the following:

1. Complete the attached form.
2. Mail or hand deliver the attached form to your physician and/or hospital where services have been provided to you.

**Please DO NOT mail the completed form to National Jewish Health.**

**Authorization to Release Protected Health Information National Jewish Health Information Management Department-Release of Information**  
**1400 Jackson St, Denver, CO 80206 PH (303) 398-1580; FAX (303) 398-1211 or FAX (303) 398-1987**

Full Name: _____ Medical Record #: _____ Address: _____ City: _____ State: _____ Zip: _____ Phone #: _____ Date of Birth: _____	S e c t i o n	
I hereby authorize: <input type="checkbox"/> National Jewish Health <input type="checkbox"/> Other: _____ Name/Title Organization _____ Address _____ City/State/Zip _____ Phone _____ Fax _____	S e c t i o n  B	
Recipient(s): <input type="checkbox"/> National Jewish Health [Please complete all known fields for the recipient as requested.] <input type="checkbox"/> Other: _____ Name/Title Organization _____ Address _____ City/State/Zip _____ Phone _____ Fax _____ <input type="checkbox"/> Other: _____ Name/Title Organization _____ Address _____ City/State/Zip _____ Phone _____ Fax _____	S e c t i o n  C	
Purpose of disclosure: <input type="checkbox"/> Continuation of Care <input type="checkbox"/> Insurance <input type="checkbox"/> Legal <input type="checkbox"/> Personal Use <input type="checkbox"/> Other: _____ Authorization Expiration Date: _____ Description of Information to be Used or Disclosed: _____ For Treatment Date(s) _____ <input type="checkbox"/> Clinic Summary/Consultation <input type="checkbox"/> Cardiology Test <input type="checkbox"/> Laboratory <input type="checkbox"/> Pulmonary Test <input type="checkbox"/> Procedure <input type="checkbox"/> Radiology Reports <input type="checkbox"/> Radiology Images CD <input type="checkbox"/> Other: _____ Request Delivery (If left blank, a paper copy will be provided): <input type="checkbox"/> Paper Copy <input type="checkbox"/> Electronic Media, if available (CD/DVD) <input type="checkbox"/> Unencrypted Email _____ <input type="checkbox"/> Encrypted Email <input type="checkbox"/> @yahoo.com <input type="checkbox"/> @gmail.com <input type="checkbox"/> Other: @ _____	S e c t i o n  D	
<p><b>NOTE:</b> In the event the facility is unable to accommodate an electronic delivery as requested, an alternative delivery method will be provided (e.g., paper copy). There is some level of risk that a third party could see your PHI without your consent when receiving unencrypted electronic media or email. We are not responsible for unauthorized access to the PHI contained in this format or any risks (e.g., virus) potentially introduced to your computer/device when receiving PHI in electronic format or email.</p> <p>Per CRS, 25-1-801 the following fees may be charged for copies of medical records. Records will be provided to other health care providers at no charge. <b>PLEASE ALLOW 10 BUSINESS DAYS FOR PROCESSING.</b></p>		
_____ By <b>initialing</b> this area, I authorize the release of my health records that may include information indicating the presence of communicable or venereal diseases, which may include, but are not limited to: hepatitis, syphilis, gonorrhea and the human immunodeficiency virus, also known as Acquired Immune Deficiency Syndrome (AIDS or Human Immune Deficiency Virus (HIV)).  _____ By <b>initialing</b> this area, I authorize the release of my health records that may include information about behavioral and/or mental health services and/or treatment for alcohol and/or drug abuse.  My treatment, payment, enrollment or eligibility for benefits may not be conditioned by signing this authorization. This request is made voluntarily and the information given is accurate to the best of my knowledge. I may revoke this authorization at any time in writing, but if I do, it will have no effect on actions taken prior to receiving the revocation. I understand that information disclosed pursuant to the authorization may be subject to disclosure by the recipient and is no longer protected by the HIPAA privacy rule. Without my express revocation, unless otherwise indicated above this consent will automatically expire 180 days from the date signed below. I have read the above and authorize the disclosure of my protected health information as stated.		S e c t i o n  E
Patient or Authorized Representative Signature _____	Date _____ Relationship _____	



HIPAA Patient Request\_CC

**Authorization to Release Protected Health Information**

Patient Label

HIP-024E (10/22)

Please fax to 303-398-1211, or mail to National Jewish Health, HIM Dept, Rm L07, 1400 Jackson St, Denver, CO 80206  
In our Notice of Privacy Practices, we informed you that we might share your protected health information verbally to those individuals involved in your care or payment for your care.

By completing this form, you may designate those individuals with whom we may discuss your routine health information such as lab results, future appointments and/or billing related questions.

1. **Patient: When is it okay to leave you a message about your health information?** (We will try to contact you directly if we have urgent or sensitive information.)

☐ Never

☐ On my voicemail at home # \_\_\_\_\_

☐ On my voicemail at work # \_\_\_\_\_

☐ On my voicemail on mobile phone # \_\_\_\_\_

2. **Alternate Patient Representative: With whom may we discuss your health information?** (Please remember this does not apply to calls made from our automated appointment reminder system to your phone number unless you request that we discontinue this service.)

☐ No one

☐ The people listed below:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Phone Number

3. **Content of Disclosure Preference: We will leave a message including detailed personal medical information unless otherwise specified below:** (Please indicate below the types of information about which you do not want us to leave a message.)

4. **Pediatric Patients Third Party Preferences: May we communicate with your child's school, daycare or childcare provider about your child's health care? This may be inclusive of behavioral health disclosures.** ☐ Yes ☐ No \_\_\_\_\_ (Initials)

a. Please specify alternate preference, if applicable:

This consent will remain in effect until revoked by the patient/representative or when the minor patient reaches the age of majority or becomes emancipated. Please notify us of any changes.

\_\_\_\_\_  
Patient's Name for Initial Preference Designation

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Signature of Patient/Legal Personal Representative

\_\_\_\_\_  
Date/Time

**Revocation of Communication Preferences Listed Above (Preferences Changes ONLY):**

Revoke all preferences? ☐ Yes

Change preferences? ☐ Yes. Indicate changes below:

\_\_\_\_\_  
Signature of Patient/ Legal Personal Representative

\_\_\_\_\_  
Date/Time



HIPAA Patient Request \_CC

Patient label

**Consent to Communicate Protected Health Information (PHI)**

# Referring Physician Information

Date of Birth: \_\_\_\_\_ Patient: \_\_\_\_\_

In order to provide results and recommendations from your child's evaluation at National Jewish Health, to your child's physician at home, we need to have complete information. Please complete this form and return it to the Pediatric Services Administration Department when you arrive for your child's appointment.

**Primary Care Physician** (Last, First): \_\_\_\_\_

Address: \_\_\_\_\_  
(Street) (Suite #)

(City) (State) (Zip)

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Specialist Physician** (Last, First): \_\_\_\_\_

Address: \_\_\_\_\_  
(Street) (Suite #)

(City) (State) (Zip)

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Specialist Physician** (Last, First): \_\_\_\_\_

Address: \_\_\_\_\_  
(Street) (Suite #)

(City) (State) (Zip)

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Specialist Physician** (Last, First): \_\_\_\_\_

Address: \_\_\_\_\_  
(Street) (Suite #)

(City) (State) (Zip)

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Patient/Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_



Care Coordination Record \_CC

Referring Physician Information

Patient  
Label

ADM 132 (01/25)

At njhealth.org, we offer information about our clinical programs, current research, educational opportunities and the conditions we treat. You can be confident that the information provided on our site has been written and approved by our medical staff.

## Online Services

- [Make Appointments](#) – request new or follow-up appointments
- [Appointment Questions](#) – Appointment questions answered by our expert staff
- [Ask-an-Expert](#) – Health questions answered by our lung line nurses
- [Pay Your Bill](#) – Secure bill payment by credit card or electronic check
- [Request Medical Records](#) – Securely request medical records
- [Patient Information](#) – lodging, directions, and more
- [Clinical Trials](#) – learn about and sign-up for clinical trial participation
- [Health Information](#) – Written and approved by our expert medical staff
- [Donate](#) – Make a difference with a one-time gift or learn about other ways to give
- [Referrals](#) – Doctor referrals for tests or appointments

## CONNECT WITH US



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## PEDIATRIC PATIENT QUESTIONNAIRE

Please use blue or black ink. Please write patient name on each page.

Patient Name \_\_\_\_\_

Today's Date \_\_\_\_\_

Patient's Date of Birth \_\_\_\_ (Month) \_\_\_\_ (Day) \_\_\_\_ (Year)

Age \_\_\_\_\_

Sex Male Female Nonbinary

Race (mark one only) American Indian Asian Black or African American Caucasian Hispanic

Jewish Ashkenazi Jewish Sephardic Middle Eastern/Arabic Other (specify) \_\_\_\_\_

Mixed (specify) \_\_\_\_\_

Parents' marital status Married Divorced Separated Single Unknown

Other (specify): \_\_\_\_\_

Child lives with Both parents Parent 1 name \_\_\_\_\_

Parent 2 name \_\_\_\_\_ Other name \_\_\_\_\_

### PHARMACY INFORMATION

Local Pharmacy name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Mail Order Pharmacy name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Other Pharmacy name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

### PAST MEDICAL HISTORY

Length of pregnancy Full-term Early (# of weeks) \_\_\_\_\_ Late (# of weeks) \_\_\_\_\_

Birth weight \_\_\_\_\_ lbs \_\_\_\_\_ oz

Type of delivery Vaginal, normal Vaginal, breech Planned C-section Emergency C-section

Were there problems with the pregnancy? If yes, specify \_\_\_\_\_

Were there problems with labor or delivery? If yes, specify \_\_\_\_\_

Did your child have breathing problems at birth? No Yes (specify) \_\_\_\_\_

Was your child breast fed? No Yes (specify # of months) \_\_\_\_\_

Was your child formula fed? No Yes (specify formula type) \_\_\_\_\_

Patient Name \_\_\_\_\_ 13

ADM 164 (4/12)



Cow's milk      Soy milk      Other (specify) \_\_\_\_\_ Did your child have colic?      No      Yes

What was your child's growth pattern?      Normal      Rapid      Slow

What was your child's development rate (sitting, crawling, walking, talking)?      Normal      Delayed

Has your child had any of the following illnesses?

Chicken pox	No	Yes	Was your child vaccinated?	No	Yes	Date _____
RSV	No	Yes				
Ear infections	No	Yes	Age first infection _____		Number of times _____	
Sinus infections	No	Yes	Age first infection _____		Number of times _____	
Pneumonia	No	Yes	Age first infection _____		Number of times _____	
Croup	No	Yes	Age first infection _____		Number of times _____	

Other Illnesses      Specify \_\_\_\_\_

Has your child been hospitalized?	No	Yes	Number of times _____
Date of hospitalization	__ __ (Month)	__ __ (Day)	__ __ __ __ (Year)      Reason _____
Date of hospitalization	__ __ (Month)	__ __ (Day)	__ __ __ __ (Year)      Reason _____
Date of hospitalization	__ __ (Month)	__ __ (Day)	__ __ __ __ (Year)      Reason _____
Date of hospitalization	__ __ (Month)	__ __ (Day)	__ __ __ __ (Year)      Reason _____
Date of hospitalization	__ __ (Month)	__ __ (Day)	__ __ __ __ (Year)      Reason _____

### PAST SURGICAL HISTORY

Has your child had any surgeries?	No	Yes	If yes, complete the following:
Ear Tubes	Year _____		Reflux surgery      Year _____
Tonsillectomy	Year _____		Appendectomy      Year _____
Adenoidectomy	Year _____		Hernia Repair      Year _____
Sinus Surgery	Year _____		Other (specify) _____      Year _____

### IMMUNIZATION HISTORY

Are your child's immunizations up to date?      No      Yes      (explain) \_\_\_\_\_

Did your child have a flu shot this year?      No      Yes      Date \_\_\_\_\_

### ALLERGY HISTORY

Is your child allergic to foods?	No	Yes	Mark all that apply	Milk	Egg	Soy
Wheat	Peanuts	Tree nuts (walnuts, pecans, etc.)	Fish	Shellfish		
Other (specify) _____						

Is your child allergic to:

Cats	No	Yes	Unknown	Dog	No	Yes	Unknown
Medications	No	Yes	Unknown	(specify)			
Stings:	Bee	Wasp	Yellowjacket	Hornet	No	Yes	Unknown
<input type="checkbox"/> Ant bites/stings	No	Yes	Unknown	Mosquito bites	No	Yes	Unknown
Does your child have atopic dermatitis	eczema?	No	Yes	Unknown	No	Yes	Unknown
Does your child have frequent hives or swelling?	No	Yes	Unknown		No	Yes	Unknown
Does your child have nasal allergies?	No	Yes	Unknown		No	Yes	Unknown
If yes, when? (mark all that apply)				Spring	Summer	Fall	Winter
Does your child have eye symptoms from allergies?				No	Yes	Unknown	
If yes, when? (mark all that apply)				Spring	Summer	Fall	Winter

### FAMILY MEDICAL HISTORY

**Child's Father** Age \_\_\_\_\_ years Occupation \_\_\_\_\_

Mark all of the following conditions that apply:

Asthma	Food allergies	Hay fever	Allergies to animals
Latex allergy	Medication allergy	Eczema	Insect sting allergy

**Child's Mother** Age \_\_\_\_\_ years Occupation \_\_\_\_\_

Mark all of the following conditions that apply:

Asthma	Food allergies	Hay fever	Allergies to animals
Latex allergy	Medication allergy	Eczema	Insect sting allergy

**Child's Siblings** Number \_\_\_\_\_

**Sibling #1** Age \_\_\_\_\_ years Male Female Nonbinary

Mark all of the following conditions that this sibling has:

Asthma	Food allergies	Hay fever	Allergies to animals
Latex allergy	Medication allergy	Eczema	Insect sting allergy

**Sibling #2** Age \_\_\_\_\_ years Male Female Nonbinary

Mark all of the following conditions that this sibling has:

Asthma	Food allergies	Hay fever	Allergies to animals
Latex allergy	Medication allergy	Eczema	Insect sting allergy

**Sibling #3** Age \_\_\_\_\_ years Male Female Nonbinary

Mark all of the following conditions that this sibling has:

Asthma	Food allergies	Hay fever	Allergies to animals
Latex allergy	Medication allergy	Eczema	Insect sting allergy

Patient Name \_\_\_\_\_

**Sibling #4**      Age \_\_\_\_\_ years      Male      Female      Nonbinary

Mark all of the following conditions that this sibling has:      No allergies      Allergies to animals

Asthma      Food allergies      Hay fever      Insect sting allergy

Latex allergy      Medication allergy      Eczema

**Sibling #5**      Age \_\_\_\_\_ years      Male      Female      Nonbinary

Mark all of the following conditions that this sibling has:      No allergies      Allergies to animals

Asthma      Food allergies      Hay fever      Insect sting allergy

Latex allergy      Medication allergy      Eczema

Does any family member have cystic fibrosis      No      Yes

Does any family member have any other type of lung disease      No      Yes

Specify \_\_\_\_\_

### HOME ENVIRONMENTAL HISTORY

What type of dwelling does the child live in?      Apartment      Condo      House      Townhouse

Mobile Home      Other (specify) \_\_\_\_\_

What year was the current residence built? \_\_\_\_\_ Or how old is the building in years? \_\_\_\_\_

How long has the child lived in the current residence? \_\_\_\_\_ Years      \_\_\_\_\_ Months

Is there a basement?      No      Yes (mark all that apply)      Finished      Unfinished      Dry      Damp      Flood damage

What type of heating system does the residence have? (mark all that apply)

Electric baseboard heat      Fireplace      Forced hot air (gas)

Hot water radiator or furnace      Space heater      Wood burning stove

Other (specify) \_\_\_\_\_

What type of cooling system does the residence have? (mark all that apply)

Central air conditioning      Swamp cooler      Window (room) air conditioning)      None

What type of air filtration unit does the residence have? (mark all that apply)

Central air filter      Portable air filter      None      Unknown

What type of humidifier is in the residence? (mark all that apply)

Humidifier on central system      Portable humidifier      None      Unknown

What type of window coverings are in the residence? (mark all that apply)

Curtains      Venetian blinds      Other (specify) \_\_\_\_\_

What type of furnishings does your child's bedroom have? (mark all that apply)

Flooring:      Carpet      Hardwood      Tile      Other (specify) \_\_\_\_\_

Mattress:      Regular      Waterbed      Other (specify) \_\_\_\_\_

Patient Name \_\_\_\_\_

How old is the mattress? \_\_\_\_\_ Years/Months

How many stuffed animals are in the bedroom? \_\_\_\_\_

How many smokers live in the residence? \_\_\_\_\_

Who smokes? (mark all that apply)

Child (patient)

Father

Mother

Siblings

Other family members

Other visitors

Do you have pets/animals? (mark all that apply)

Bird(s) how many? \_\_\_\_\_ Indoor Outdoor Indoor/Outdoor In patient's bedroom

Cat(s) how many? \_\_\_\_\_ Indoor Outdoor Indoor/Outdoor In patient's bedroom

Dog(s) how many? \_\_\_\_\_ Indoor Outdoor Indoor/Outdoor In patient's bedroom

Other (specify)

\_\_\_\_\_ how many? \_\_\_\_\_ Indoor Outdoor Indoor/Outdoor In patient's bedroom

\_\_\_\_\_ how many? \_\_\_\_\_ Indoor Outdoor Indoor/Outdoor In patient's bedroom

\_\_\_\_\_ how many? \_\_\_\_\_ Indoor Outdoor Indoor/Outdoor In patient's bedroom

## SOCIAL HISTORY

1. What grade is your child in? \_\_\_\_\_ Not applicable

2. Is your child home schooled? No Yes

3. Does your child attend daycare No Yes Hours per week? \_\_\_\_\_

How many children are in the day care? \_\_\_\_\_

4. Do you have difficulty getting your child to take medications? No Yes

5. Does your child have trouble making or keeping friends? No Yes

6. Does your child have problems in school with learning or with teachers? No Yes

7. Is your child in special education classes? (If yes, please bring individualized education plan) No Yes

8. Has your child been in counseling? No Yes

9. Has your child had psychological testing (If yes, please bring report) No Yes

10. Has your child taken any medication for any of the following reasons?

Anxiety No Yes

Attention deficit disorder No Yes

Depression No Yes

Hyperactivity No Yes

Seizures No Yes

Other (specify) \_\_\_\_\_

Patient Name \_\_\_\_\_

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11. What are your child's hobbies/interests? \_\_\_\_\_

### HEALTH PROBLEMS (Review of Systems)

<b>General symptoms</b>	Fatigue	Fever/chills	Trouble sleeping	Loss of appetite		
Other (specify) _____						
<b>Eyes</b>	Blurred vision	Burning	Cataracts	Frequent blinking	Far-sighted	Itching
	Lazy eye	Near-sighted	Redness	Swelling	Watery	Wears glasses
Other (specify) _____						
Date of last eye examination _____			Month/year _____			
<b>ENT</b>	Change in sense of smell		Dry mouth	Ear pain	Enlarged lymph nodes	
	Hearing loss		Hoarseness/change in voice		Itchy eyes	
	Itchy nose		Mouth breathing	Mouth sores	Nasal congestion	
	Nasal drainage		Nasal polyps	Nosebleeds	Post-nasal drip	
	Sinus congestion		Sneezing	Snoring	Sore throat	
	Stridor (noisy breathing)		Throat tightness	Other (specify) _____		
<b>Speech</b>	Delay/impediment		Slurred	Stuttering	Other (specify) _____	
<b>Heart</b>	Chest pain		Dizziness	Murmurs	Fainting spells	
	Irregular heartbeat		Palpitations	Other (specify) _____		
<b>Lungs</b>	Chest tightness		Cough, dry	Cough, wet	Cough at night	
	Coughing up blood		Frequent bronchitis/chest colds		Wheezing	
	Shortness of breath –day		Shortness of breath – night		Low oxygen levels	
	Shortness of breath, exercise or vigorous play			Other (specify) _____		
<b>GI</b>	Abdominal pain/stomach ache		Bloody stool	Bloating	Burping	
	Choking on food/drink		Constipation	Diarrhea	Gassiness	
	Heartburn/acid taste		Indigestion	Nausea	Vomiting	
	Regurgitation/spitting up		Trouble swallowing	Other (specify) _____		

### Feeding and Nutrition

Do you have any concerns about your child's weight or height?

Weight loss	Poor weight gain	Too short	Too thin	Overweight
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Does your child have any of the following?

Difficulty feeding	No	Yes	Loss of appetite	No	Yes
Food avoidance	No	Yes			

Patient Name \_\_\_\_\_

If yes, does your child avoid or refuse particular foods?

Milk      Egg      Wheat      Soy      Peanut      Tree nuts      Fish      Shellfish

Others \_\_\_\_\_

Does your child avoid certain textures or types of foods?

Soft/mushy texture      Crunchy texture      Bolus foods (e.g. meats/breads)      Spicy foods

Others \_\_\_\_\_

Does your child cough or choke/gag when eating or drinking?

Liquids    No    Yes      Solids    No    Yes    Others \_\_\_\_\_    No    Yes

**Genitourinary** (urinary and genital organs)      Bedwetting      Wetting pants      Encoporesis (soiling pants)

Frequent urination      Painful urination      Menses (started) \_\_\_\_\_ (years old)

Other (specify) \_\_\_\_\_

**Muscles and Bones**      Fractures      Back pain      Joint pains      Muscle pain

Muscle weakness      Other (specify) \_\_\_\_\_

**Neurologic**      Concentration problems      Difficulty walking      Headaches

Numbness      Tremors      Seizures

Weakness      Other (specify) \_\_\_\_\_

**Skin**      Easy bruising      Eczema      Hair loss      Hives/welts      Infections

Itching      Lumps      Rashes      Other (specify) \_\_\_\_\_

**Blood Diseases**      Anemia      Easy bruising      Bleeding tendency      Hemophilia

Sickle cell anemia      Other (specify) \_\_\_\_\_

**Sleep**      Excessive daytime sleepiness      Insomnia      Morning headache      Snoring

Not rested after sleep      Restless sleep (frequent change in position)

Stopping breathing (apnea)      Other (specify) \_\_\_\_\_

**Psychological**      Anxious/worried      Depressed/tearful      Developmental delay      Hyperactive

Mood swings      Panic attacks      Stressed      Trouble at school

Other (specify) \_\_\_\_\_

## MEDICATIONS

Medication Name	Dose	Route	How Often	Description
<b>Steroid Inhalers</b>				
Aerobid (arrow-bid)				Gray w/a purple cap (mdi)
Aerobid (arrow-bid)				Light green w/a dark green cap (mdi)
Azmacort (asthma-court)				White w/a white cap 7 extension (mdi)
Asmanex				White w/a pink bottom ring 7 counter (twisthaler)
Flowvent (flow -vent)				Orange w/an orange cap (mdi)
Pulmicort (pull-mih-court)				White w/bottom brown ring in a turbuhaler or flexhaler or tube
Pulmicort (pull-mih-court)				Respules containing liquid for nebulizer
Qvar				Brown or burgundy depending on dose w/gray cap
<b>Fast-acting Inhalers</b>				
Albuterol (al-bew-ter-all)				White w/white cap (mdi)
Ventolin (ven-toe-lin)				Light blue w/dark blue cap & counter (mdi)
Alupent (al-you-pent)				Clear w/blue cap (mdi)
Atrovent (at-row-vent)				Clear w/green cap (mdi)
Proair (pro-air)				Red w/white cap (mdi)
Proventil (pro-vent-ill)				Yellow w/orange cap (mdi)
Maxair (max-air)				Light blue (autohaler)
Xopenex (zo-pin-ex)				Light blue w/red cap (mdi)
Combivent				Clear w/orange cap
Primatene Mist				
<b>Long-acting Bronchodilators</b>				
Foradil (For-A-Dill)				Blue cap covers a white tube w/a blue bottom. Insert pill into tube and pierce pill (aerolizer)
Serevent (Sara-Vent)				Green w/counter (diskus)
Spiriva (Spy-Reev-Ah)				Oval device gray base w/green piercing button. Need to load pill into oval device (handihaler)
<b>Combination Medications (Inhaled Steroid and Long Acting Bronchodilator)</b>				
Advair (Add-V-Air)				Purple disc w/counter (diskus)
Symbicort (Sim-By-Court)				Red w/gray cap (mdi)
<b>Leukotriene Modifying Agents</b>				
Singulair (Sing-Yule-Air)				Pink or tan pill
Accolate (Ac-Coal-Aid)				White pill
Zyflo (Z-Eye-Flow)				White pill (big)

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Medication Name	Dose	Route	How Often	Description
<b>Oral Steroids</b>				
Prednisone, Deltasone, Medrol				White pill
Prelone, Pediapred, Orapred				Liquid
<b>Other Medications</b>				
Xolair (Zo-L-Air)				
Allergy Shots				
Intal				white w/blue cap (mdi)
Tilade				white w/white cap (mdi)
Depression, Anxiety, ADHD, Sleep				
<b>Antihistamines</b>				
Allegra				
Benadryl				
Hydroxyzine				
Clarinet				
Claritin				
Xyzal				
Zyrtec				
<b>Nose Spray</b>				
Saline				
Astelin				
Flonase				
Nasacort AQ				
Nasonex				
Rhinocort AQ				
Veramyst				
Zantac/Ranitidine				
Proton pump inhibitors				
Epipen				
Ointments				
Others				

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Clinician Signature

\_\_\_\_\_  
Date

Patient Name \_\_\_\_\_