

CPAP Education & Support Group



Sleep Center

CPAP Support & Education

- See the newest CPAP masks and equipment
- Free blood pressure checks
- Free CPAP equipment checks
- Meet with local equipment companies
- Raffle prizes
- Free breakfast and coffee

January 13, 2018

10:00 a.m. – Noon

CPAP MASKS

February 10, 2018

10:00 a.m. – Noon

**Medicare and Medicaid Guidelines
for CPAP and Oxygen**

March 10, 2018

10:00 a.m. – Noon

Overview of CPAP

April 14, 2018

10:00 a.m. – Noon

Cleaning CPAP Equipment

FREE CPAP SUPPORT GROUP

Have you been diagnosed with **sleep apnea**?

Have you been scheduled for a **sleep study**?

Are you using **CPAP**?

Are you **struggling with CPAP**?

Join us for one of our support groups, free and open to the public. Untreated sleep apnea can lead to serious medical issues such as:

- high blood pressure
- heart disease
- heart attacks
- irregular heart rhythms
- strokes

Classes Held on Saturday*

10:00 a.m. – Noon

Molly Blank Conference Center

National Jewish Health

1400 Jackson Street

Denver, CO 80206

888.681.9622

njhealth.org

sleepcenter@njhealth.org

Free and Open to Everyone
No Need to Sign Up. Just Show Up!

*If you are concerned that the **CPAP Support Group** might be cancelled due to inclement weather, please go to 9news.com/closings.

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Free Educational Classes for Patients with Sleep Apnea and Their Families



All About Sleep Apnea

For Patients with Sleep Apnea and Their Families

Class Topics:

- What is sleep apnea?
- What causes sleep apnea?
- What are the symptoms and consequences of sleep apnea?
- What are your treatment options?
- What else can you do to help your sleep apnea?

WHEN: Tuesdays and Thursdays from 3:30 p.m. – 4:30 p.m.

WHERE: National Jewish Health, 1400 Jackson St, Denver, CO 80206

Go in the main entrance and take the Galter elevator down to the basement.
Follow the signs to the Sleep Clinic check-in desk.



**Seating is limited.
Please call 303.270.2708
to reserve your spot.**

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