

WHEN YOUR HEART RHYTHM IS OFF

What you need to know about Atrial Fibrillation

Afib, or atrial fibrillation, is a common type of irregular rhythm of the heart.

Afib may lead to blood clots, stroke, heart failure, early death and other serious complications.

SYMPTOMS

Lightheadedness or dizziness

Shortness of breath

Feeling like "getting old" over a short period of time

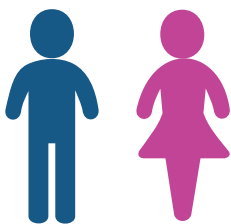
Heart palpitations (fluttering or thumping in the chest)

Irregular heartbeat

New or worsening fatigue

New or worsening activity intolerance

FACTS



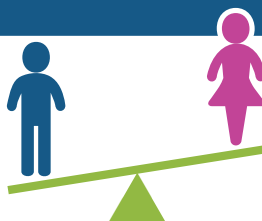
Afib affects both men and women



1 in 5 ischemic strokes are due to AFib



Afib increases the risk of stroke by 5 times



Women with AFib are more likely to have a stroke than men

If you have AFib symptoms, see your doctor. A heart rhythm specialist can determine if you have atrial fibrillation and what treatment is necessary.