These questions relate primarily to chest symptoms. Please check YES or NO, or check N/A if the question does not apply to you. If you are in doubt about whether your answer is YES or NO, record NO.

The following questions are designed to determine how much work would make you short of breath.

A. Is your activity limited by any condition other than your heart or lung disease?
   ☐ YES ☐ NO ☐ N/A

B. Circle which statement best describes your highest activity level on an average day.
   a. 30 minutes of vigorous activity
   b. 5 flights of stairs or 10 minutes of vigorous activity
   c. Walking 1-3 miles on level ground, or up 3 flights of stairs, or vigorous activity for less than 10 minutes, or heavy general labor
   d. Walking 1/4 to 1 mile on level ground or up 2 flights of stairs
   e. Walking 400 feet to 1/4 mile on level ground, or daily chores like bed-making
   f. Walking 150-300 feet on level ground or up 1 flight of stairs
   g. Walking 50-100 feet on level ground at a normal pace or doing light janitorial work
   h. Walking 20-50 feet on level ground or doing light standing work at your own pace
   i. Breathless just to leave the house or breathless on dressing or undressing, walking less than 20 feet, or prolonged talking
   j. Breathless with minimal activity (eating, using the restroom, writing, using small utensils)

C. How did your breathlessness begin? ☐ Suddenly ☐ Gradually ☐ N/A

D. Since your breathlessness started, has it: ☐ Worsened ☐ Stayed the same ☐ Improved

E. Which best describes you: ☐ Breathless all the time ☐ Repeat, sudden attacks of breathlessness ☐ N/A

F. How long have you had shortness of breath? _____ Years

**Testing/Procedures:**
When was the last time you have had any of the following testing?

<table>
<thead>
<tr>
<th>Test</th>
<th>Approximate Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pulmonary Function Testing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Methacholine Challenge Testing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Echocardiogram</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Left Heart Catheterization</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Right Heart Catheterization</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bronchoscopy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lung Biopsy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Polysomnogram (sleep study)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bone Density Testing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chest CT scan</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

NSG 400 (6/15)
### Environmental Exposures:

- **Type of home** (i.e., single family home, apartment, mobile home, etc)?
  - [ ] Yes
  - [ ] No

- **What is the setting of your home?**
  - [ ] Urban
  - [ ] Suburban
  - [ ] Rural

- **How many years have you lived in your home?**
  - [ ] Yes
  - [ ] No

- **Age of your home?**
  - [ ] Yes
  - [ ] No

- **Does your home have any of the following?**
  - [ ] Yes
  - [ ] No
  - [ ] Yes
  - [ ] No
  - [ ] Yes
  - [ ] No
  - [ ] Yes
  - [ ] No
  - [ ] Yes
  - [ ] No
  - [ ] Yes
  - [ ] No
  - [ ] Yes
  - [ ] No

- **During the three years prior to the onset of your respiratory symptoms, did you, or anyone living in your home ever have any of the following pets? If yes, please specify.**
  - Dogs
  - [ ] Yes
  - [ ] No
  - Birds
  - [ ] Yes
  - [ ] No
  - Cats
  - [ ] Yes
  - [ ] No
  - Other (please specify)

- **Do you have any hobbies that might expose you to dusts or chemicals?**
  - [ ] Yes
  - [ ] No

  If yes, please explain:

### Occupational History:

- **Have you ever worked in any mining, manufacturing, industrial, farming, or agricultural setting?**
  - [ ] Yes
  - [ ] No

  If yes, please explain:

- **During the three years prior to the onset of your respiratory symptoms, were you exposed to animals in your work?**
  - [ ] Yes
  - [ ] No

- **Have you ever worked for a year or more in a dusty job?**
  - [ ] Yes
  - [ ] No

- **Have you ever worked in any of the following occupations or locations? Have you ever had any of the following exposures? Please check all that apply:**

<table>
<thead>
<tr>
<th>Occupation</th>
<th>Papermill</th>
<th>Misc:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Farmer</td>
<td>Smelting</td>
<td>Cotton</td>
</tr>
<tr>
<td>Painter</td>
<td>Plastic Facotry</td>
<td>Wood</td>
</tr>
<tr>
<td>Sand Blaster</td>
<td>Tunnel Construction</td>
<td>Industrial Strength Cleaners</td>
</tr>
<tr>
<td>Pipe Fitter/Coverer</td>
<td>Ever Exposed To:</td>
<td>Skilled:</td>
</tr>
<tr>
<td>Auto Mechanic</td>
<td>Animals/Farming</td>
<td>Cork</td>
</tr>
<tr>
<td>Welder</td>
<td>Metals/Rocks</td>
<td>Isocyanates</td>
</tr>
<tr>
<td>Insulator</td>
<td>Beryllium</td>
<td>Pottery</td>
</tr>
<tr>
<td>Carpenter</td>
<td>Coal</td>
<td>Talc</td>
</tr>
<tr>
<td>Laboratory Worker</td>
<td>Asbestos</td>
<td>Paint</td>
</tr>
<tr>
<td>Ever Worked These Locations:</td>
<td>Food/Plant Production:</td>
<td>Cement</td>
</tr>
<tr>
<td>Mine</td>
<td>Cheese</td>
<td>Pipes</td>
</tr>
<tr>
<td>Quarry</td>
<td>Wheat</td>
<td>Brakes</td>
</tr>
<tr>
<td>Pulp Mill</td>
<td>Coffee/Tea</td>
<td>Ceramic Tile</td>
</tr>
<tr>
<td>Bakery</td>
<td>Mushroom</td>
<td>Granite/Stone Cutting</td>
</tr>
<tr>
<td>Foundry</td>
<td>Malt</td>
<td>Epoxy Resins</td>
</tr>
<tr>
<td>Railroad</td>
<td>Meat</td>
<td></td>
</tr>
</tbody>
</table>
**Medication History:**

Have you ever taken any of the Medications listed below to treat your lung disease?
IF YES: Please complete the information on dosage and date started/stopped.

<table>
<thead>
<tr>
<th>Drug/Medication</th>
<th>Date Started</th>
<th>Date Stopped</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily oral steroids (Prednisone, Medrol, Solumedrol, etc)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Omalizumab (Xolair)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cyclophosphamide (Cytoxan)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Azathioprine (Imuran)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mycophenolate (Cellcept)</td>
<td></td>
<td></td>
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<tr>
<td>Methotrexate</td>
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<td></td>
</tr>
<tr>
<td>Rituximab (Rituxan)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pirfenidone (Esbriet)</td>
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<td></td>
</tr>
<tr>
<td>Nintedanib (Ofev)</td>
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</tr>
<tr>
<td>Infliximab (Remicaide), Adalimumab (Humira), Etanercept (Enbrel), or Golimumab (Simponi)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other immunosuppressive medication?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Have you ever taken any of the Medications listed below? [ ] N/A

- Cancer Chemotherapy (please list details below)
- Radiation Therapy
- Bleomycin
- Nitrofurantoin (Macrobic/Macrodantin)
- Doxycycline or minocycline or tetracycline
- Phenytoin (Dilantin) or other anti-seizure medication
- Hydralazine
- Isoniazid or Carbamazepine (Tegretol)
- Procainamide or Flecainide
- Amiodarone
- Sulfasalazine/Mesalamine
- Penicillamine
- Methotrexate
- Sirolimus or everolimus
- Fenfluramine or any weight loss medication
- Propylthiouracil
- Nonsteroidal anti-inflammatory (ibuprofen, naproxen, indomethacin, meloxicam, etc)
- Any biologic therapy (Please list below)

Details: ________________________________________________________________________________

Thank you for taking the time to complete this questionnaire. This information will help your doctor understand your complex medical condition(s) and will to facilitate your care. While the doctor will ask additional questions during your visit that may seem repetitive at times, please be assured that this is only to be sure we have a full and complete understanding of your health condition(s).