

Get More Information

BENEFIT	GROUP	WHO TO CALL	WEBSITE	PHONE NUMBER
Medical & Prescription Drug				
Pre-Enrollment	3339271	Cigna Medical Plans - Cigna One Guide (Pre-enrollment)	www.Cigna.com	1-888-806-5042
Post-Enrollment	3339271	Cigna Medical Plans - Cigna One Guide (Post-enrollment)	www.myCigna.com	1-800-244-6224
Dental	3339271	Cigna Dental	www.Cigna.com	1-800-244-6224
Vision	12065169	Vision Service Plan	www.vsp.com	1-800-877-7195
Health Reimbursement Account, Flexible Spending Accounts, & Health Savings Account		Rocky Mountain Reserve HRA, FSA, & HSA	www.rockymountainreserve.com Employer ID: RMRNJH	1-888-722-1223 Fax: 1-866-557-0109
Short-Term Disability	614240	Unum Short-Term Disability	unuminfo.com/nationaljewish	1-800-421-0344
Basic Life & Accidental Death & Long-Term Disability	608753	Unum Life, AD&D, LTD Insurance	https://services.unum.com/SelfReg/SelfReg_Claimant.aspx	1-800-421-0344
Long-Term Care	553798	Unum Long-Term Care	https://services.unum.com/SelfReg/SelfReg_Claimant.aspx	1-800-331-1538
Accident, Critical Illness, & Hospital Indemnity		Cigna Accident, Critical Illness, & Hospital Indemnity	www.suphealthclaims.com suphealthclaims@cigna.com	1-800-754-3207
ID Theft Protection	2539	ID Watchdog	www.idwatchdog.com	1-866-513-1518
Legal Services	1000447	LegalEase Legal Plan	https://www.legaleaseplan.com/nationaljewish	1-800-248-9000
Auto & Home Insurance		Liberty Mutual Insurance and Farmers Auto & Home	NJH Benefits Spyderweb	
Pet Insurance		MetLife Pet Insurance	www.metlife.com/getpetquote	1-800-GET-MET8
Employee Assistance Program		SupportLinc Employee Assistance Program	www.supportlinc.com Username: njh	1-888-881-5462
Bright Horizons		Bright Horizons	https://clients.brighthorizons.com/njhealth	1-877-242-2737
Wellness Benefits		Sonic Boom Wellness	www.sonicboomwellness.com	1-877-766-4208
Retirement 403(b) Savings Plan				
Fidelity Investments	56826	Fidelity Investments	www.fidelity.com	1-800-343-0860
TIAA	407042	TIAA	www.tiaa.org/njh	1-800-842-2776

ABOUT THIS GUIDE: This guide highlights all employee benefits. Official plan and insurance documents govern your rights and benefits under each plan. For more details about your benefits, including covered expenses, exclusions, and limitations, please refer to the individual summary plan description (SPD), plan document, or certificate of coverage for each plan. If any discrepancy exists between this guide and the official documents, the official documents will prevail.

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