

BEST & WORST CITIES FOR OZONE POLLUTION

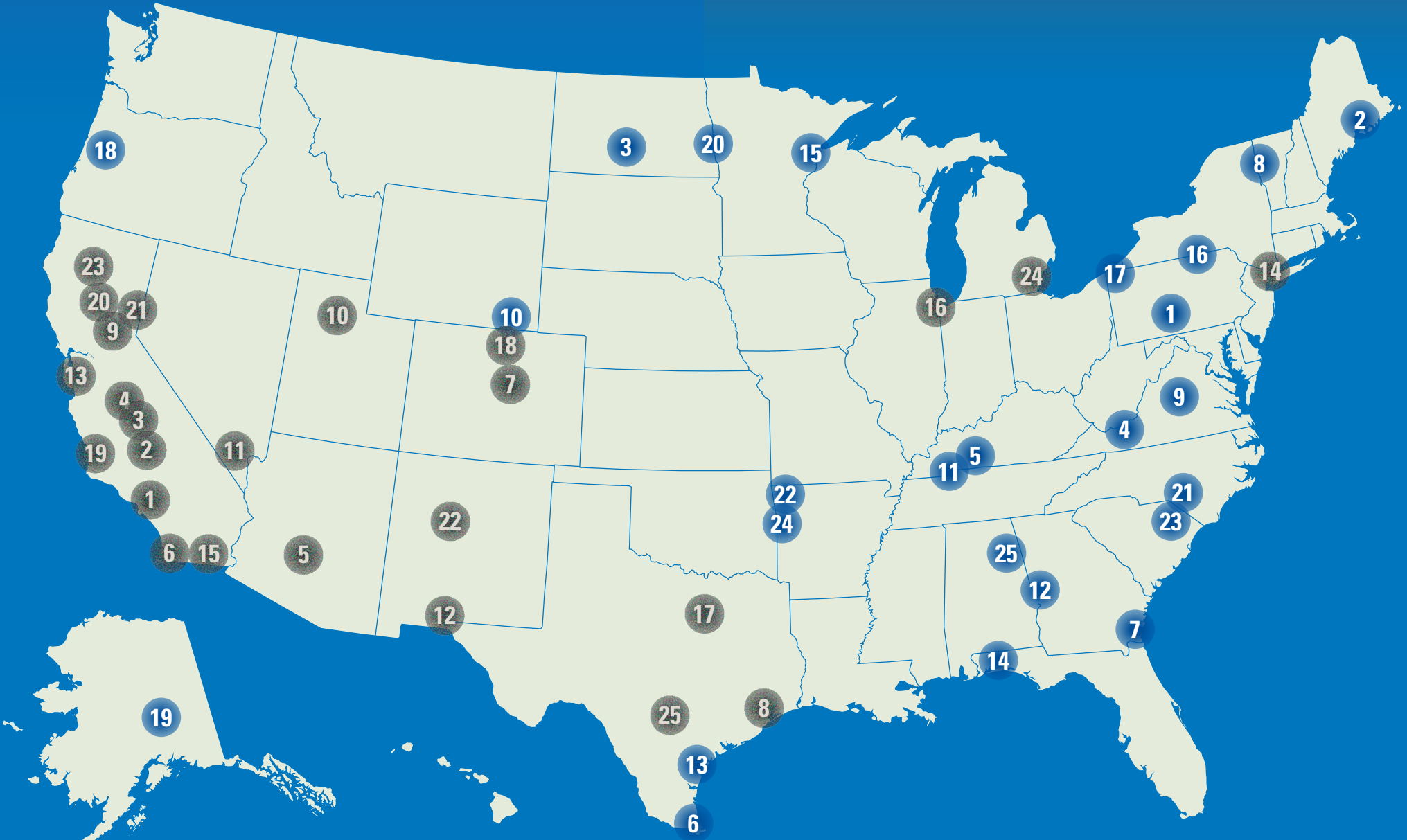
Cleanest Cities by Ozone

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| 1. Altoona-Huntingdon, PA | 14. Crestview-Fort Walton Beach-Destin, FL |
| 2. Bangor, ME | 15. Duluth, MN-WI |
| 3. Bismarck, ND | 16. Elmira-Corning, NY |
| 4. Blacksburg-Christiansburg, VA | 17. Erie-Meadville, PA |
| 5. Bowling Green-Glasgow, KY | 18. Eugene-Springfield, OR |
| 6. Brownsville-Harlingen-Raymondville, TX | 19. Fairbanks, AK |
| 7. Brunswick, GA | 20. Fargo-Wahpeton, ND-MN |
| 8. Burlington-South Burlington-Barre, VT | 21. Fayetteville-Sanford-Lumberton, NC |
| 9. Charlottesville, VA | 22. Springdale-Rogers-Fayetteville, AR |
| 10. Cheyenne, WY | 23. Florence, SC |
| 11. Clarksville, TN-KY | 24. Fort Smith, AR-OK |
| 12. Columbus-Auburn-Opelika, GA-AL | 25. Gadsden, AL |
| 13. Corpus Christi-Kingsville-Alice, TX | |

Worst Cities by Ozone

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| 1. Los Angeles-Long Beach, CA | 14. New York-Newark, NY-NJ-CT-PA |
| 2. Bakersfield, CA | 15. El Centro, CA |
| 3. Visalia, CA | 16. Chicago-Naperville, IL-IN-WI |
| 4. Fresno-Madera-Hanford, CA | 17. Dallas-Fort Worth, TX-OK |
| 5. Phoenix-Mesa, AZ | 18. Fort Collins, CO |
| 6. San Diego, CA | 19. San Luis Obispo-Paso Robles, CA |
| 7. Denver-Aurora, CO | 20. Chico, CA |
| 8. Houston-The Woodlands, TX | 21. Reno-Carson City-Fernley, NV |
| 9. Sacramento-Roseville, CA | 22. Albuquerque-Santa Fe-Las Vegas, NM |
| 10. Salt Lake City-Provo-Orem, UT | 23. Redding-Red Bluff, CA |
| 11. Las Vegas-Henderson, NV | 24. Detroit-Warren-Ann Arbor, MI |
| 12. El Paso-Las Cruces, TX-NM | 25. San Antonio-New Braunfels-Pearsall, TX |
| 13. San Jose-San Francisco-Oakland, CA | |

Source: American Lung Association 2022



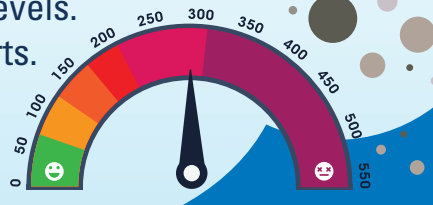
What is Ozone Pollution?

Bad or ground-level ozone pollution is created when vehicle and other emissions mix with pollutants and are heated by the sun. Warmer weather increases ground-level ozone pollution.



What Makes Air Quality Unhealthy?

The Air Quality Index (AQI) grades air quality based on ground-level ozone, particle pollution, carbon monoxide, sulfur dioxide or nitrogen dioxide levels. Visit [airnow.gov](https://www.airnow.gov) or watch local alerts.



Protect Your Lungs from Ozone Pollution

- Watch local air quality advisories.
- Ozone levels are always lower in the morning, so plan outdoor activities accordingly.
- The elderly, the very young and those with lung disease are at the highest risk from severe ozone pollution and should limit afternoon outdoor time during poor ozone days.
- Keep windows closed.
- Take medications exactly as prescribed.
- Use the circulate setting on your home thermostat to keep polluted air out.
- Call your doctor if symptoms increase or if you need more medication.

Facemasks are highly encouraged to limit COVID-19 infection but provide no protection against ozone pollution.

