### Surgery for Pulmonary NTM Disease



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Disclosures: Intuitive – Teaching, Consultation Director, American Board of Thoracic Surgery Councilor, American Board of Surgery Director, Complex General Surgical Oncology Board Annual Meeting Chair, Society of Thoracic Surgeons





### Surgery for Pulmonary NTM Disease Case Presentation

- 62 year old female
- Chronic productive cough, recurrent infection, fatigue
- Documented MAC infection by ATS criteria, now macrolide resistant
- Referral and evaluation at NJH

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### Surgery for Pulmonary NTM Disease Case Presentation

- Imaging suggests areas of focal bronchiectasis involving RML, Lingula
- New antibiotic regimen initiated
- Returns for surgery 8-12 weeks after initiation of therapy

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#### Surgery for Pulmonary NTM Disease Indications for Surgery

Persistent, focal (cavitary or bronchiectatic) lung disease after antimicrobial treatment, usually in the setting of recurrent symptoms, documented treatment failure, or antimicrobial resistance.

Surgical resection should be seen as an adjunct to antimicrobial therapy, which remains the mainstay of treatment.

Surgery for Pulmonary NTM Disease Basics of Surgical Therapy

What is the Goal?

NTM Lecture Series for Providers

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#### Surgery for Pulmonary NTM Disease Presentation

- Middle-aged females, thin, Caucasian, nonsmokers, right middle lobe / lingular disease
- Isolated large, thick-walled cavitary disease.



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- Middle-aged females, thin, Caucasian, nonsmokers, right middle lobe / lingular disease
- Isolated large, thick-walled cavitary disease.
- Elderly men, smokers, ETOH abuse, underlying COPD. Resembles TB, may progress to complete lung destruction.

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# Surgery for Pulmonary NTM Disease Presentation Middle-aged females, thin, Caucasian, nonsmokers, right middle lobe / lingular disease Isolated large, thick-walled cavitary disease. Elderly men, smokers, ETOH abuse, underlying COPD. Resembles TB, may progress

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#### Surgery for Pulmonary NTM Disease Results of Surgical Therapy

- <u>Corpe, 1981</u>: 131 cases, mortality 6.9%, BPF 5.3%, 93% sputum conversion rate
- <u>Nelson, 1998</u>: 28 cases, mortality 7.1%, BPF 3.6%, complication rate 32%, 88% sputum conversion rate
- <u>Shiraishi. 2002</u>: 21 cases, mortality 0%, complication rate 29%, sputum conversion  $100\% \rightarrow 90\%$  at 2 years
- <u>Mitchell, 2008</u>: 265 cases, mortality 2.6%, complication rate 18%, BPF 4.2%, 87% sputum conversion rate
   Winnerstein



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Surgery for Pulmonary NTM Disease Minimally Invasive (VATS) Approach

- Study period: July, 2004 to June, 2010
- 171 patients → 212 cases
   41 patients had bilateral resections
- Mean age: 59 years (26 82 years)
- Predominately Caucasian (93%) and Female (93%)

#### Surgery for Pulmonary NTM Disease Minimally Invasive (VATS) Approach

- Prior thoracic surgery in 10%
- Mean duration of medical therapy prior to referral for surgery: 61 months (4-354 months)
- Indications for surgery: Focal parenchymal disease with recurrent hemoptysis or pulmonary infections, or failure or intolerance of medical therapy

Mitchell JD et al Ann Thor Surg 2012 Apr;93(4):1033-

|                                 | Conversion                                  |
|---------------------------------|---|
| 73                              | to<br>thoracotomy<br>in 10 cases            |
| 13                              | (4.7%)                                      |
| tions in 19 p<br>lays (1 – 23 c | atients (8.9%)<br>days)                     |
|                                 | 73<br>13<br>tions in 19 p<br>lays (1 – 23 o |

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#### Surgery for Pulmonary NTM Disease Long Term Outcomes

- Jurand et al: 69 patients treated for M abscessus. Addition of surgery to treatment regimen significantly improved conversion and culture negativity at one year.
- Asakura et al: 125 patients, MAC in 80%. Culture conversion in 91%, with 10 year relapse rate of 20%. Pneumonectomy, low BMI, advanced age, residual cavitary disease associated with worse prognosis.

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#### Surgery for Pulmonary NTM Disease BPF after Pneumonectomy

Shiraishi, 2010: MDR-TB vs. NTM pneumonectomy

- No operative mortality
- MDR-TB: 22 patients (7 right, 15 left)
   Male 72%, Sputum negative 63%
   BPF rate 4.5% (1 right)
- NTM: 11 patients (7 right, 4 left)
   Female 72%, Sputum negative 9%
   BPF rate 45% (4 right, 1 left)
   Constructions

































































- Should I have surgery to treat my NTM infection?
- Can I have my surgery using a minimally invasive (VATS) approach?



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### Surgery for Pulmonary NTM Disease Common Questions

- Should I have surgery to treat my NTM infection?
- Can I have my surgery using a minimally invasive (VATS) approach?
- Can I have the surgery and skip the medicine?
- When should the surgery occur?
- What will my breathing be like after the surgery?

#### Surgery for Pulmonary NTM Disease Summary

- Surgical resection in pulmonary NTM disease may lead to improved outcomes in selected cases
- Complex lung resection and muscle flap use often
  possible using modern minimally invasive techniques
- Coordination of care best approached in multidisciplinary environment
- Resection for infectious lung disease differs from resection for cancer: experience counts

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