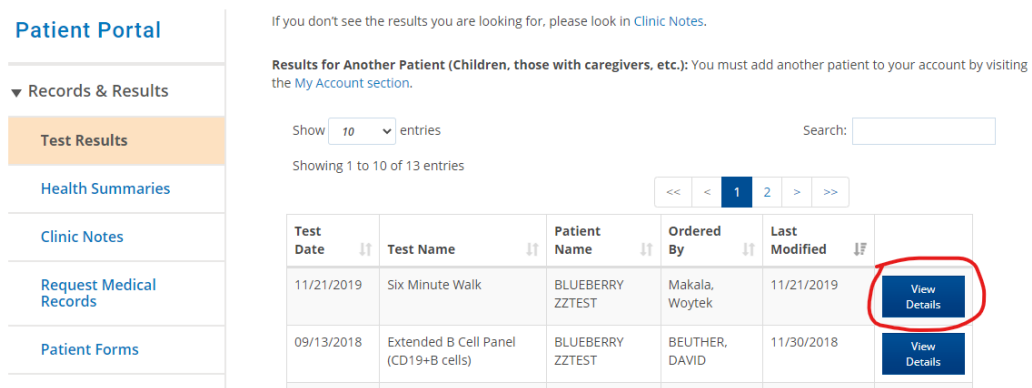


Below are instructions for downloading health information and messages in the *My National Jewish Health* portal.

Test Results

Go to the Test Results section in Records & Results on the left-hand navigation menu. Click on the blue View Details button.

Test Results



Patient Portal

- Records & Results
 - Test Results**
 - Health Summaries
 - Clinic Notes
 - Request Medical Records
 - Patient Forms

If you don't see the results you are looking for, please look in [Clinic Notes](#).

Results for Another Patient (Children, those with caregivers, etc.): You must add another patient to your account by visiting the [My Account](#) section.

Show entries Search:

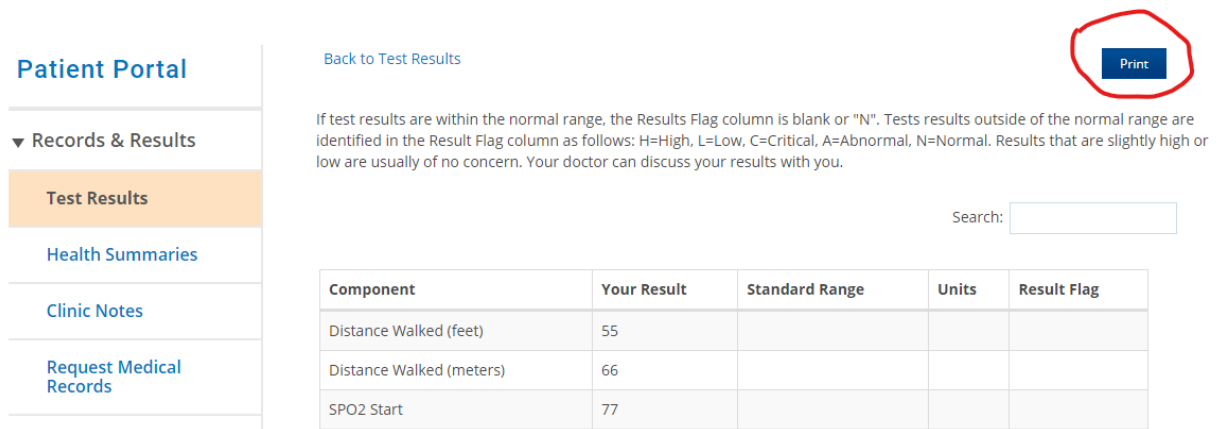
Showing 1 to 10 of 13 entries

<< < 1 2 > >>

Test Date	Test Name	Patient Name	Ordered By	Last Modified	
11/21/2019	Six Minute Walk	BLUEBERRY ZZTEST	Makala, Woytek	11/21/2019	View Details
09/13/2018	Extended B Cell Panel (CD19+B cells)	BLUEBERRY ZZTEST	BEUTHER, DAVID	11/30/2018	View Details

Then click on the Print button in the top right corner.

Six Minute Walk Results



Patient Portal

- Records & Results
 - Test Results**
 - Health Summaries
 - Clinic Notes
 - Request Medical Records

[Back to Test Results](#)

If test results are within the normal range, the Results Flag column is blank or "N". Tests results outside of the normal range are identified in the Result Flag column as follows: H=High, L=Low, C=Critical, A=Abnormal, N=Normal. Results that are slightly high or low are usually of no concern. Your doctor can discuss your results with you.

Search:

Component	Your Result	Standard Range	Units	Result Flag
Distance Walked (feet)	55			
Distance Walked (meters)	66			
SPO2 Start	77			

From here, you can either print or save the file to a pdf on your computer.

The screenshot shows a patient portal interface. On the left, there's a header with the time '4/10/23, 12:28 PM' and 'Patient Portal'. A note states: 'Note! Our patient portal is changing on May 1, 2023. [Learn more.](#)' Below this is the title 'Six Minute Walk Results' and a 'Back to Test Results' link. A 'Print' button is visible. A paragraph explains: 'If test results are within the normal range, the Results Flag column is blank or "N". Tests results outside of the normal range are identified in the Result Flag column as follows: H=High, L=Low, C=Critical, A=Abnormal, N=Normal. Results that are slightly high or low are usually of no concern. Your doctor can discuss your results with you.' There is a search bar and a table with columns: Component, Your Result, Standard Range, Units, and Result Flag. The table has one row: Distance Walked (feet), 55, , , . On the right, a print menu is open, showing 'Print' (2 pages), 'Destination' (Save as PDF, highlighted with a red circle), 'Pages' (All), 'Layout' (Portrait), and 'More settings'.

Health Summaries

Go to the Health Summaries section in Records & Results on the left-hand navigation menu. Click on the blue PDF button for the specific record you want to download. Save the file to your computer.

Health Summaries

The screenshot shows the 'Health Summaries' section in a patient portal. On the left is a navigation menu with 'Patient Portal' at the top, followed by 'Records & Results' (expanded), 'Test Results', 'Health Summaries' (highlighted), 'Clinic Notes', 'Request Medical Records', 'Patient Forms', and 'Messages'. The main content area has a heading 'Health summaries provide a record of your health information such as allergies, medications and vital signs. You may print, download or send this summary to your Primary or Referring Physician.' Below this is an 'Audit Logs' section with 'Start Date:' and 'End Date:' input fields, a 'Submit' button, and a search bar. A pagination bar shows 'Showing 1 to 2 of 2 entries' and navigation arrows. The 'Health Summary List' table has columns: Date, Patient, Provider, Document, Download Xml, Download PDF, and Send Health Summary. The first row shows: 05/09/2018, BLUEBERRY ZZTEST, DAVID BEUTHER, View, Xml, PDF (highlighted with a red circle), and Send.

Clinic Notes

Go to the Clinic Notes section in Records & Results on the left-hand navigation menu. Click on the blue View Details button for the specific record you want to download.

Clinic Notes

Patient Portal

- Records & Results
 - Test Results
 - Health Summaries
 - Clinic Notes**
 - Request Medical Records
 - Patient Forms
- Messages

If you don't see the results you are looking for, please look in [Test Results](#).

Results for Another Patient (Children, those with caregivers, etc.): You must add another patient to your account by visiting the [My Account](#) section.

If you are not able to locate the notes or results you are looking for, please [click here](#) to send a secure "Medical Records Request" message from your account.

Show entries Search:

Showing 1 to 10 of 59 entries

<< < 1 2 3 4 5 6 > >>

Patient Name	Date	Document	Provider	Last Modified	
BLUEBERRY ZZTEST	10/20/2022	Pulmonary Clinical Summary	Richmond	10/20/2022	View Details
BLUEBERRY ZZTEST	08/03/2021	ECG Stress	Hamill	08/03/2021	View Details
BLUEBERRY ZZTEST	08/03/2021	ECG Stress	Richmond	08/03/2021	View Details
BLUEBERRY ZZTEST	04/30/2020	Telehealth - Pulmonary Follow-Up	Hamill	04/30/2020	View Details
BLUEBERRY ZZTEST	11/19/2018	Occupational Medicine Clinical Summary	Richmond	01/06/2020	View Details

The clinic note will download to a pdf. Open the pdf and save it to your computer.

Patient Portal

- Messages
- Appointments
- My Account
- Medications

BLUEBERRY ZZTEST	10/20/2022	Pulmonary Clinical Summary	Richmond	10/20/2022	View Details
BLUEBERRY ZZTEST	08/03/2021	ECG Stress	Hamill	08/03/2021	View Details
BLUEBERRY ZZTEST	08/03/2021	ECG Stress	Richmond	08/03/2021	View Details
BLUEBERRY ZZTEST	04/30/2020	Telehealth - Pulmonary Follow-Up	Hamill	04/30/2020	View Details
BLUEBERRY ZZTEST	11/19/2018	Occupational Medicine Clinical Summary	Richmond	01/06/2020	View Details

Results (4).pdf

Messages

Go to Messages on the left-hand navigation menu. Click on the blue View Details button for the specific message you want to download.

Secure Messages

Patient Portal

- Records & Results
- Messages
 - Create New message
 - View Messages**
 - Appointments

Send a secure message to your doctor and care team. You will receive a response to most questions within 3 business days.

If you have a life-threatening emergency, dial 911. For urgent medical concerns, please dial 1.877.CALL NJH (1.877.225.5654) and ask to speak with a nurse.

Show 10 entries Search:

Showing 1 to 1 of 1 entries

Patient	Provider	Subject	Username	Received	Actions
BLUEBERRY ZZTEST		test	bluetesting	12/06/2022 04:15:23 PM	View Reply

Showing 1 to 1 of 1 entries

Then click on the Print button in the top right corner.

View Message

Patient Portal

- Records & Results
- Messages
 - Create New message
 - View Messages**

(Return To Message List)

Reply [Print](#)

Patient: BLUEBERRY ZZTEST

Subject: test

BLUEBERRY ZZTEST To NJH testing please ignore.	bluetesting	12/06/2022 04:15:23 PM
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From here, you can either print or save the file to a pdf on your computer.

4/1/23, 12:44 PM Patient Portal

Note! Our patient portal is changing on May 1, 2023. [Learn more.](#)

View Message

Patient: BLUEBERRY ZZTEST

Subject: test

BLUEBERRY ZZTEST To NJH
bluetesting
12/06/2022 04:15:23 PM
testing please ignore.

Print 1 page

Destination [Save as PDF](#)

Pages All

Layout Portrait

More settings