

Does Your Child Have Asthma?

Put a check mark (✓) in the box if the answer to the question is yes.

- Does your child have trouble keeping up with other children at play?
- Does your child cough during or after exercise?
- Does your child have trouble breathing with a cold?
- Does your child have a cough at night?



If you answer yes to these questions, talk with your child's doctor about asthma. The doctor will ask you questions about your child's health and about your child's symptoms. "Symptoms" means signs of the disease. Be sure to tell your doctor if anyone in your family has asthma or allergies. The doctor will also give your child a complete check-up.

The doctor may give your child a breathing test. The most common breathing test is called spirometry. In this test, your child breathes into a special tube. It measures how much air is getting in and out of the lungs.

Other tests may help your doctor decide if your child has asthma and the best kind of treatment. For example, the doctor may take X-rays of your child's lungs. Or the doctor may have your child take an allergy skin test. In this test, tiny amounts of what your child may be allergic to are put on or just under the skin. If red bumps appear, then your child is allergic to that substance.