

The Asthma Wizard Activity Book



The wizard and his friends will help you learn about asthma so you can:

- ★ Say good-bye to constant symptoms,
- ★ Sleep through the night,
- ★ Attend each class in school, everyday,
- ★ Participate fully in physical activity,
- ★ Keep away from emergency rooms and hospital stays, and
- ★ Prevent side effects from asthma medicines.

The Asthma Wizard Activity Book is a fun and informative way for children ages 5-12 to learn about their asthma. Sixty-six pages of fun-filled games and activities will teach children about managing asthma, including: peak flow monitoring, early warning signs, asthma symptoms, triggers, medications and the asthma action plan.

To order your copy, complete the information below and send to:

Patient Education - Clinical Services
National Jewish Medical and Research Center
1400 Jackson Street, J307
Denver, CO 80206



★ Please send _____ copy(ies) of the Asthma Wizard Activity Book!

★ I have enclosed \$5 for each copy for a total of \$ _____.

Please make checks payable to National Jewish Medical and Research Center.

Price includes shipping and handling.

Send to: Name _____

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