

16th ANNUAL REGIONAL ALLIED HEALTH CONFERENCE

National Jewish Health | Friday, September 9, 2011



Current Perspectives in Asthma, Allergy & Pulmonary Practice

6.3 Nursing Contact Hours

Who Should Attend:

Nurses

Nurse Practitioners

Respiratory Therapists

Physician Assistants

Allied Health Professionals

This program will provide an update for nurses, respiratory therapists, and allied health professionals working with people having chronic diseases and conditions.

**Register
NOW!**

**www.NJHealth.org/AlliedHealthCare
or 800-844-2305**

Conference sponsored by



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Conference Objectives:

Upon completion of this conference, the participant will be able to:

1. Describe the latest treatments and key self-management strategies for a variety of chronic diseases and conditions.
2. Demonstrate recommended techniques for therapeutic devices for the respiratory patient.

Accreditation

National Jewish Health is an approved provider of continuing nursing education by the California Board of Registered Nursing, Provider Number CEP 12724. This program is approved for 6.3 Nursing Contact Hours. Participant attendance throughout the entire conference day is required to receive contact hours.

Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.

Course Timetable Friday, September 9, 2011

7:15 – 7:55 a.m.

Registration, Continental Breakfast & Exhibits

7:55 – 8:05 a.m.

Opening Remarks

8:05 – 9:45 a.m.

General Session and Workshop

9:45 – 10:15 a.m.

Break & Exhibits

10:15 – 11:55 a.m.

Workshops

11:55 – 12:40 p.m.

Group Luncheon & Exhibits

12:40 – 3:10 p.m.

Workshop & General Session

3:10 – 3:15 p.m.

Closing Remarks

General Session

8:05 – 8:50

Allergic Rhinitis, More than just a Runny Nose!

Deborah Fending, RN, AE-C

Rhinitis affects a significant portion of the population. This general session will discuss the different classifications, evaluation and management of rhinitis.

Concurrent Workshops

9:00 – 9:45

Management of Pulmonary Hypertension

Sharon Baker, RN, MS, ACNS-BC, CNRN, CNA-BC

This workshop will review the latest classifications for pulmonary hypertension. Current treatment options will also be discussed.

Food Allergies Today

Kathy Pond, RN, BSN, AE-C

Coping with food allergies can be a big challenge for families. This workshop will discuss the evaluation of IgE mediated food allergies and the essential components of patient education. Managing food allergies including communication tips and handling emergencies in the school or work setting will be discussed as well as the new food allergy guidelines.

Spirometry Technique & Interpretation, Hands On

Becky Kolenbrander, RRT, RPFT, AE-C

Deborah Fending, RN, AE-C

Ann Mullen, RN, CNS, MSN, AE-C

This hands-on workshop will cover correct spirometry technique. Practice coaching and doing spirometry. Common errors in technique and basic interpretation will also be discussed.

9:45 – 10:15 Break & Exhibits

Concurrent Workshops

10:15 – 11:00

Management of COPD

Janis Berend, RN, MSN, C-ANP

COPD is a major cause of chronic morbidity and mortality throughout the world. This workshop will review current management

of COPD and the importance of early detection. Alpha1 Antitrypsin Deficiency will be discussed. Self-management strategies such as exercise, medications and proper use of oxygen will also be discussed.

Chronic Cough and GI Disorders

Philip Hanna, MD

This workshop will review the latest information on GERD, LPR and the relationship to chronic cough. The changing treatment strategies will be discussed.

Back to the Basics of Atopic Dermatitis Skin Care, Hands On

Jennifer Fish, RN, BSN

Beth Ann Wagy, RN, BSN

Atopic Dermatitis (AD) is the most common chronic skin disease in children and can persist into adult years. Approximately half of all children with AD go on to develop asthma and allergies. This workshop will highlight treatment and education including dry, sensitive skin principles valuable to every healthcare provider.

11:10 – 11:55

Highlights in Asthma Management

Ann Mullen, RN, CNS, MSN, AE-C

This workshop will review the latest updates in asthma management including developments and future trends since the 2007 update of the National Asthma Guidelines. Key issues related to asthma self management will be discussed.

All About Sleep Apnea

Ann Cartwright, MPAS, PA-C

The workshop will review the pathophysiology and symptoms of sleep apnea, as well as problems if left untreated. Treatment options, emphasizing CPAP therapy and tips/tricks for CPAP success will be discussed.

Functional Imaging Modalities Providing Quantitative and Qualitative Information

Vicki LaRue, BS, CNMT, ARRT(N)

This session will describe a variety of molecular imaging exams and how they differ from diagnostic radiological exams.

11:55 – 12:40 Group Luncheon & Exhibits

Concurrent Workshops

12:40 – 2:10

Bronchiectasis and Airway Clearance, Hands On

Jennifer Propst, RN, MS, ACNS-BC, ANP

Leslie Schamaun, RRT

Bronchiectasis is a significant disease. This workshop will focus on the predisposing factors, symptoms and how to recognize and treat bronchiectasis. You will also have an opportunity to compare devices to improve airway clearance.

Management of Type 2 Diabetes

Alexandra Wilson, MS, RD

This workshop will address how to manage type 2 diabetes. The interactive nature of the workshop will leave you feeling confident to recognize and treat low blood sugar, what foods have carbohydrates, and what causes blood sugar to increase and decrease, as well as understand how diabetes medicines work.

Respiratory Tools & Techniques, Hands On

Allidah Hicks, RN, MS, AE-C

Lori McEnaney-Preble, RN

Roxann Rupp, RN, BSN

This hands-on workshop will cover the most effective techniques for using the MDI, breath-activated devices and nebulized treatments. Peak flow meter techniques will also be demonstrated and discussed. Practice with both new and conventional devices.

2:10 – 2:25 Break

General Session

2:25– 3:10

Palliative Care

Bronwyn Long, RN, DNP, CNS

What is palliative care? How can palliative care improve the quality of life for patients with cancer and other chronic diseases? This general session will address the aims and benefits of palliative care.

3:10 – 3:15 Closing Remarks

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**National Jewish
Health**

1400 Jackson Street, S700
Denver, Colorado 80206

www.njhealth.org/proed

Allied Health Conference Registration Form

**Register
NOW!**

Four Easy Ways to Register

- 1. Website:** NJHealth.org/AlliedHealthCare
- 2. Phone:** 303.398.1000 or 800.844.2305
- 3. Fax:** 303.728.6521
- 4. Mail:** Office of Professional Education,
1400 Jackson St, Rm. S700,
Denver, CO 80206

Please include all the information requested below. Participant Information (Please print or type)

First Name: _____ Last Name: _____

Degree: _____

License# (required for contact hours): _____ State: _____

Specialty: _____

Company: _____

Address (for certification): _____

City/State/Zip: _____

Daytime Phone: _____ Fax: _____

Email: _____

Yes, I'd like to receive information about upcoming conferences and seminars from the Office of Professional Education at National Jewish Health.

Registration Fee: \$135.00 per person Check or money order payable to National Jewish Health

Please charge AMEX VISA MasterCard

Card #: _____ Expiration Date: _____

Cardholder's Name: _____

Signature: _____

Cardholder's address (if different from above): _____

Registration Fee includes admission to all sessions, exhibitors, breakfast, lunch and the conference handouts.

Register early. Space is limited. Cancellations must be received no less than 10 days before the start of the program to receive a refund minus a \$25 processing fee.