

newdirections

A Publication for the Friends of National Jewish Medical and Research Center

Tuberculosis Patients Arrive, Media in Tow

When Andrew Speaker learned during his honeymoon in Europe that he had a particularly drug-resistant form of tuberculosis, he had only one thought: get to National Jewish Medical and Research Center in Denver.

Robert Daniels was thinking the same thing in a locked medical ward in Arizona, where he had been held for more than a year after failing to comply with his doctor's orders.

Both cases have been controversial. But no one questioned the patients' desires to be treated at National Jewish, the nation's premier institution for treating drug-resistant tuberculosis and other respiratory diseases. So both men came to National Jewish.

The cases have focused unprecedented international attention on National Jewish. Articles featuring National Jewish reached close to 50 million newspaper readers and 167 million television viewers. Calls to National Jewish have doubled since the arrival of Mr. Speaker.

Mr. Speaker's faith in National Jewish was borne out when he was released July 26 after completing successful treatment. Mr. Daniels treatment has just begun as *New Directions* goes to press.



Charles Daley, M.D., prepares for an early morning interview on NBC-TV's "Today" show.

Photo courtesy Atlanta Journal-Constitution

this issue



- 3** Iris and Michael Smith Clinics and Laboratories Celebration
- 5** Ask The Experts: Sleep Apnea
- 9** Patient Profile: Inflammatory Mystery
- 11** Donor Profile: Milton Morris

#1 Respiratory Hospital in America, Since 1998. *U.S. News & World Report*

Stephen W. Arent Named Chairman of the Board

Prominent Denver attorney Stephen W. Arent Chairman has been named the Chairman of the National Jewish Board of Directors. Arent has served on the National Jewish board for 10 years. Most recently, he chaired the committees that developed the institution's 10-year strategic plan and the Road Ahead Campaign, a major capital campaign.

"Stephen has been instrumental in helping National Jewish plan its future and secure the funds we will need to get there," said outgoing Chairman David H. Engleberg. "He will be an invaluable resource as we move ahead."

Stephen Arent is a shareholder in the law firm of Fisher, Sweetbaum, Levin & Sands, PC, where he concentrates on transactional real estate matters with an emphasis on acquisitions and sales, development, financing and leasing. Among other organizations, Mr. Arent has served on the governing boards of Rose Medical Center and the Allied Jewish Federation of Colorado. He also was Chairman of the Board for the Mountain States Region of the Anti-Defamation League and chaired the ADL's National Legal Affairs Committee.

Board Approves *Decade of Innovation*

The Board of Directors has unanimously approved our *Decade of Innovation: Strategic Plan 2017*. It will guide us as we grow and pioneer individualized medicine programs toward a vision of personalized healthcare. The plan calls for National Jewish to recruit more than 100 new faculty and scientists, and grow annual research funding to \$60 million. The essence of the plan is the true integration of our research, clinical, and educational efforts at the point of the patient. Embracing this strategic plan will enable us to build on the outstanding history of the institution and extend our excellence as leaders in the research and treatment of respiratory, immune and related diseases.

National Jewish Recognized for Methamphetamine Research

The White House has recognized National Jewish for its research identifying the toxic brew of chemicals cooked up in illicit methamphetamine laboratories, which threaten both residents and visitors to the labs.

Dr. David Murray, of the White House Office of National Drug Control Policy cited National Jewish for "outstanding contributions and significant accomplishments in advancing research and knowledge of methamphetamine's consequences."

National Jewish researchers, led by John Martyny, Ph.D., CIH, followed closely on the heels of law enforcement agents raiding meth labs to test the chemical levels in the air and on surfaces in the labs. They also conducted several controlled "cooks" in laboratories. They found extremely high and potentially deadly levels of hydrogen chloride, anhydrous ammonia, and iodine produced during the cooks.



National Jewish researchers conduct an experimental "cook" of methamphetamine.



National Jewish President and CEO Michael Salem, M.D., (left) with generous donors Iris and Michael Smith.

Dedication & Symposium Herald Bright Future

The Iris and Michael Smith Clinics and Laboratories were packed. Dignitaries, including Colorado's Governor, Senators Ken Salazar and Tom Harkin, and Denver Mayor John Hickenlooper, filled the stage, while more than 400 friends, donors, patients, faculty and staff filled the lobby and leaned over railings on floors above. The dedication on May 18 of National Jewish's newest building, six floors of state-of-the-art research and clinical space, capped a celebration of accomplishment and promise at National Jewish.

Earlier in the day, several generous donors who gave to the Road Ahead Campaign in support of the building, were honored with private dedication ceremonies. A scientific symposium, featuring nationally recognized experts from government, industry and National Jewish, explored the future of medicine in talks on genomics, biotechnology, vaccines, personalized medicine and healthcare.

At the dedication, Mayor Hickenlooper called National Jewish "one of the crown jewels" of Denver. Iris Smith, who with her husband, Michael, donated the lead gift of \$5 million, spoke of an even wider appeal. "This beautiful new facility will bring people to Denver from around the world," said Ms. Smith. She then cut the ribbon and officially opened the Iris and Michael Smith Clinics and Laboratories.



The Iris and Michael Smith Clinics and Laboratories adds 93,600 square feet of clinical and research space to the campus.

Iris and Michael Smith – Longtime and Generous Supporters of National Jewish

We are so pleased to count Iris and Michael Smith among our National Jewish family of donors. The Smiths' connection to National Jewish Medical and Research Center has spanned more than a decade. Michael, who suffered a life-threatening asthma attack when he was a student at Colorado State University, and Iris, who has a strong philanthropic commitment to charities in Colorado, began donating to National Jewish in 1991. Michael became a member of the Board of Directors in 1997 and served until 2003, when the Smith family moved to Miami, Florida. Michael remains involved as a National Trustee. Though they have been donors since 1991, the Smiths gave their largest gift to National Jewish in 2005 when they pledged \$5 million toward the Iris and Michael Smith Clinics and Laboratories building. We were thrilled to be able to celebrate the opening of the new building in May 2007 with three days of celebrations, and to honor our long-time supporters.

Excess Weight Estimated to Cause More Than 250,000 New Asthma Cases Each Year in U.S.

Being overweight or obese increases the odds of developing asthma in the next year according to an analysis by National Jewish pulmonologists E. Rand Sutherland, M.D., and David Beuther, M.D.

It has been known for some time that asthma patients are more likely than healthy individuals to be overweight. But it has been unclear whether having asthma causes people to become overweight or whether being overweight causes people to develop asthma. Drs. Sutherland and Beuther looked at large prospective studies that followed people who originally did not have asthma but developed it in subsequent years. They selected seven such studies with more than 330,000 subjects.

When they crunched the numbers they found that people with a body mass index of greater than 25 (5'4"/145 pounds, 5'10"/174 pounds, 6'0"/184 pounds) had about a 50% greater chance of developing asthma in the next year than those with a BMI of under 25. The researchers also found that the more overweight a person is, the greater the risk of developing asthma. The researchers calculated that excess weight accounts for about 250,000 new asthma cases per year.

“Even small reductions in the average BMI of people in the United States could translate into significant decreases in the number of new cases of asthma each year,” said Dr. Beuther.

Drops May Bring Relief to Allergy Patients

Immunotherapy, also known as allergy shots, is one of the most effective allergy treatments. Repeatedly injecting an allergen under the skin actually alters the immune system so that it no longer reacts to pollen and other allergens. Immunotherapy begins having a positive effect for most people soon after shots begin and is usually effective for many years after shots have been completed.

The main drawback to immunotherapy is that patients have to visit a doctor's office repeatedly for three to five years in order to get their shots. This has significantly limited its appeal and use. National Jewish allergist Dr. Harold Nelson is beginning a trial of immunotherapy drops that can be placed under the tongue instead. This is a safer method of immunotherapy, with minimal risk of severe reaction. Thus, they could be administered at home, which could make immunotherapy a more attractive option for many more allergy sufferers.

Allergy drops have been used for several years in Europe. Several trials are currently evaluating allergy drops for possible approval in the United States. However, in Europe and in most of the U.S. trials, allergy drops include only one allergen. Most people are allergic to several allergens, from various pollens to dust mites and animal dander. That is why



Dr. Harold Nelson is leading a trial of allergy drops.

most American immunotherapy solutions contain several different allergens. Dr. Nelson's trial will evaluate allergy drops containing several different allergens to see if they are effective as well.

For more information and possible participation in this and other clinical trials at National Jewish, contact the Adult Clinical Research Unit at 303.398.1911 or Pediatric Research at 303.270.2222.

Sleep Apnea

Quality sleep is extremely important to your health. Sleep apnea, an increasingly common sleep disorder, not only interferes with a good night's rest, but also poses serious health risks. Teofilo L. Lee-Choing, M.D., Medical Director of the Sleep Center at National Jewish, answers questions about sleep apnea.



Q: What is sleep apnea?

A: When you're sleeping, you lose muscle tone. In some people, this loss of muscle tone causes the upper airway to begin collapsing. The first thing you might hear is a snore. The next snore may become louder as the airway collapses further. Eventually, the airway closes completely and there is a total cessation of airflow – what we call sleep apnea. The blocked airflow causes people to wake up, often incompletely, in order to begin breathing again. Sleep apnea patients can experience numerous apnea episodes each night.

Q: How does sleep apnea affect a person's health?

A: Undiagnosed and untreated sleep apnea puts an individual at higher risk for heart disease, stroke, hypertension, heart attacks, driving accidents, mood disorders, and impaired cognition.

Q: Who has sleep apnea?

A: Anybody can have sleep apnea; it's seen in men, women and children. Overweight and obese people are more likely to develop sleep apnea. It is relatively common among children 3 to 5 years of age, but uncommon among adolescents and young adults. It becomes common again in middle age and increases in prevalence with age. Adult men have the disease more often than do women, although a woman's risk of developing sleep apnea increases after menopause.

We estimate that sleep apnea affects about 10-15 million Americans. It is as common as asthma and more common than diabetes. Sleep apnea will affect roughly 24 percent of men and 9 percent of women. Unfortunately, it is believed that 93 percent of those women and 82 percent of men remain undiagnosed. It's important to talk to your physician if you're experiencing sleepiness during the day, waking up with headaches or a dry mouth, or if you are a loud snorer.

Q: How is sleep apnea diagnosed and treated?

A: Symptoms alone are not enough for us to diagnose sleep apnea. To make a definitive diagnosis, a patient must undergo a sleep study, which is done at night, during a patient's normal sleep period. While the patient is sleeping, technicians continuously monitor brain waves, muscle tone and eye movements to determine what stage of sleep a patient is in. They also measure airflow, abdominal and chest movements, leg movements and oxygen levels in the blood. All of those different channels are seen in real time on a computer, monitored and analyzed to make a diagnosis.

Once we've diagnosed sleep apnea, there are many different treatment options that a patient and doctor can choose, including weight loss, changing sleeping position, oral devices, upper airway surgery and continuous positive airway pressure (CPAP), a device that blows air through a mask into the airways.

Charitable Gift Annuities Offer Income and Security for a Lifetime

Carla and Paul Peperzak from Spokane, Washington, decided when they both turned 75 that it was the right time to complete their first charitable gift annuity. Paul had received superb care as a patient at National Jewish, and the couple saw a charitable gift annuity as an excellent opportunity to support National Jewish while receiving a guaranteed income. They wanted an investment with a low level of risk and high level of income, comparable to the treasury bond they planned to use to purchase the annuity.

They locked in an 8.0% fixed return with a guaranteed annuity. Therefore, they receive an annual income of \$1,011 on their investment of \$12,645, some of which is tax-free. In addition, they received a \$3,236 charitable tax deduction to lower their income taxes. Finally, they were able to make a gift to one of their favorite charities, National Jewish.

Charitable gift annuities are one of the more popular ways you can choose to make a difference, while also helping your own financial situation. Charitable gift annuities provide you with a high rate of guaranteed, fixed income for the rest of your life. In most cases, you can obtain two to three times the rate you would find for a comparable risk-free investment in the market, such as CDs and money market accounts. It is for this reason, among many others, that people find it very attractive to obtain these annuities with a high rate of income while supporting National Jewish.



Former patient Paul Peperzak and his wife Carla invested in a National Jewish gift annuity.

Program Stability

- Offering gift annuities for over 25 years with more than 750 satisfied annuitants
- One of the largest gift annuity programs in the country with \$24 million invested in over 900 annuities

Financial Benefits

- Locked-in high rates of payment up to 11.3%, based on age
- Guaranteed fixed income for life
- Income is partially tax free
- Offers a significant tax deduction
- Capital gains tax savings on gifts of appreciated stock

Immediate Rate of Return on a \$10,000 Gift Annuity

Age	Rate	Annual Income	Tax Deduction
60	5.7%	\$570	\$3,691
70	6.5%	\$650	\$4,353
75	7.1%	\$710	\$4,749
80	8.0%	\$800	\$5,147
90	11.3%	\$1,130	\$5,859

Rates effective July 1, 2007 and subject to change.

Please call Gordon Smith at 1-800-423-8891, ext. 1049, or 303-398-1049, or email at smithg@njc.org.

Corporations Form Partnerships with National Jewish

What do Arizona, Colorado, Georgia, Pennsylvania and Texas have in common? All have corporations who have partnered with National Jewish, the nation's number one respiratory hospital.

National Jewish would like to welcome **CoBiz Financial**, a new corporate partner, for its generous gift of \$150,000 to support the Kunsberg School. The gift was made in honor of Howard Ross, a founding board member of the company. We would also like to extend a special thanks to **ExxonMobil**, a long-time corporate partner, for its increased gift of \$100,000 in support of the Environmental Lung Center and asthma programs. Welcome to **Respironics Sleep and Respiratory Research Foundation**, which generously donated \$30,000 to support sleep study research. Qwest Communications has expanded support from Denver's Beaux Arts Ball with a \$10,000 educational grant from the **Qwest Foundation**. We are also thrilled to welcome **WheyOutChocolate.com**, which will donate a percentage of profits from sales of allergen-free chocolate and confections products. Additional thanks also go to **United Airlines**, an in-kind corporate partner, for donating travel services.

These are just a few examples of how corporations can partner with National Jewish to support various programs, activities and research to help patients and projects in need.

To learn more about corporate opportunities and benefits call Karen Hill at 1-800-423-8891 x1559, or visit www.nationaljewish.org and click on the Corporate Partnerships button on the home page.

For a general brochure or detailed information, with NO obligation, please contact Gordon Smith at 1-800-423-8891, ext. 1049, or 303-398-1049, or email at smithg@njc.org.

Tax Benefits and Ongoing Income Can Be Benefits of Real Estate Donation

Are you a snowbird with a second home that you may be using less and less, and are tired of maintaining? Do you own investment real estate such as rental homes, apartment buildings, apartments or commercial property? Often, people who own real estate get tired of managing it, yet they rely on or want to obtain an income from that asset, especially in their latter retirement years.

National Jewish is in a position to accept gifts of real estate and, in exchange, provide an income stream to you. For many people, this is a very attractive way to obtain nice tax benefits. You could earn a high rate of income, unload an asset that is time consuming and frustrating to manage, and perhaps make a gift to one of your favorite charities.

We have many examples of recent gifts of real estate that may be of interest to you, including:

- \$900,000 apartment building, now generating an annual income of \$81,000
- \$225,000 home from a man who retained the right to live in it for the rest of his life, but wanted to make the gift and obtain the tax benefits during his life
- \$100,000 home from a woman who moved into a retirement facility, given on an outright basis
- A \$225,000 farm in Missouri given through a will
- A partial gift of a condominium in New Jersey; the condo was worth \$300,000 and the outright gift to National Jewish was \$54,000

If you have an appreciated piece of real estate, and are interested in supporting the world-class research and patient care that has allowed National Jewish to become the number one respiratory hospital in the country since 1998, we would very much like to hear from you to discuss your options. Thank you for your consideration.

Researchers Identify Promising Allergy Gene

Researchers at National Jewish Medical and Research Center have identified a protein that protects mice from developing a severe and deadly allergic disease. Mice lacking the protein develop severe allergic and inflammatory disease of the skin and lungs. The discovery suggests that the protein, known as *ndfip1*, could be a therapeutic target for allergic diseases, especially atopic dermatitis.

“*Ndfip1* helps keep activated T cells in check, preventing them from secreting chemicals known to promote allergic reactions,” said Paula Oliver, Ph.D., lead author of the study and a postdoctoral researcher in the lab of Philippa Marrack, Ph.D. “Our findings are especially exciting because the *ndfip1* gene in humans resides within a section of DNA that is associated with allergies.”



Research at National Jewish has uncovered a potential new target for allergy therapy.

Bioscience Discovery Grants Fund Promising NJ Research

Five researchers at National Jewish Medical and Research Center have received funding from the state of Colorado intended to accelerate the translation of scientific discoveries into marketable healthcare products and services.

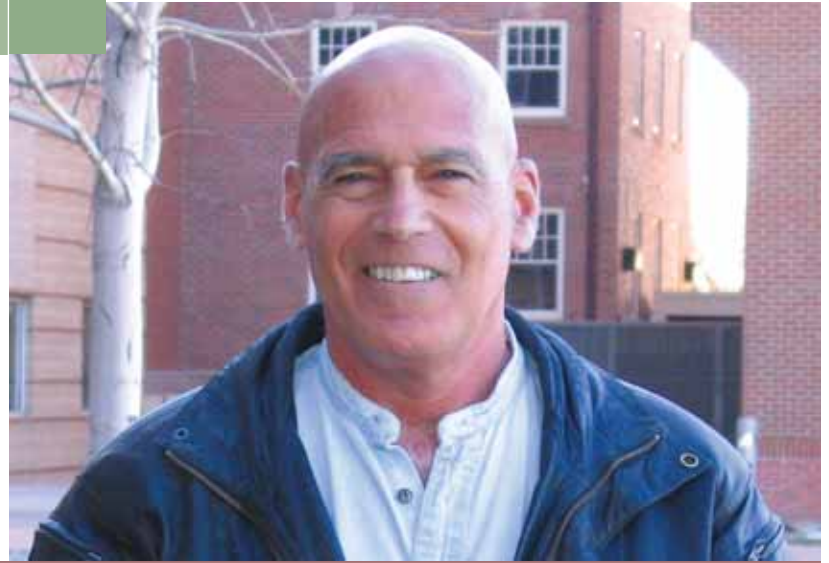
The Bioscience Discovery Evaluation Grant Program distributed \$2 million to researchers throughout Colorado in this first-of-its-kind program. Recipient institutions are required to match the grants awarded to their researchers. The state awarded National Jewish researchers \$196,000. National Jewish will match this amount with operating funds and charitable donations so that the five researchers will receive a total of \$392,000.

“We are excited by the prospect of using the bioscience grants to further the development of these research discoveries into potential therapies for respiratory and immunological diseases,” said Brad Brockbank, Manager of Intellectual Property and Technology Commercialization at National Jewish. “Research of this kind is critical and difficult to fund using traditional sources such as NIH and foundations.”

National Jewish grants and investigators are:

- Inhaled antibodies for the treatment of airway hyperresponsiveness and inflammation. The antibodies cause particularly troublesome T cells in the lungs to commit suicide. Willi Born, Ph.D.
- Novel antioxidant therapies to treat chronic lung disease. Compounds increase production of protective antioxidants in lung cells. Brian Day, Ph.D.
- Heat-shock proteins to modify immune/inflammatory responses. The proteins shift the immune system away from allergic Th2 responses. Erwin Gelfand, M.D.
- A method for the prevention and treatment of pseudomonas biofilm infections in cystic fibrosis and contact lens. Compounds break up biofilms, which make bacterial infections difficult to treat. Jerry Nick, M.D.
- Use of soluble T-cell receptors to reduce inflammatory damage. Decoy receptors prevent inflammatory T cells from becoming activated. Rebecca O’Brien, Ph.D.

Skin rashes, numbness in the bottoms of his feet, and fluid around his heart were just a few of the symptoms that baffled doctors before Ralph Dinlocker came to National Jewish for a definitive diagnosis.



National Jewish Team Solves Inflammatory Mystery

Ralph Dinlocker is a powerfully built man who has always made time to work out. But when National Jewish Associate Professor Rohit Katial, M.D., entered the clinic room in May 2006 to visit the patient from Florida, Dinlocker was slumped over on the examining table, almost too weak to even raise himself. Dr. Katial knew he had to admit Dinlocker to the hospital right away.

Dinlocker had been diagnosed with asthma in 1981. But beginning in 2003 he began suffering a variety of seemingly unrelated symptoms. He had achy joints, skin rashes, problems breathing, numbness in the bottoms of his feet and pericarditis, fluid in the sac around his heart. In 2005, feeling unusually tired and weak, Dinlocker visited Mark Stein, M.D., a former National Jewish fellow practicing in Florida.

Dr. Stein discovered a parasitic infection. But when therapy for that didn't help Dinlocker's symptoms, Dr. Stein sent him to National Jewish to see if we could figure out what plagued Ralph Dinlocker. Dr. Katial got the first clue from a blood test he ordered before admitting Dinlocker to the hospital. The blood test showed extraordinarily high levels of the inflammatory marker C reactive protein as well as large numbers of inflammatory cells called eosinophils.

Those results suggested some sort of vasculitis, an inflammatory process so aggressive that it enters the walls of the blood vessels. A skin rash that Dinlocker developed a few days later added more evidence in support of vasculitis. But then a skin biopsy failed to find the expected inflamed blood vessels.

Dr. Katial, rheumatologist Richard Meehan, M.D., and

cardiologist Howard Weinberger, M.D., discussed what to do next. They still thought Dinlocker might be suffering some kind of vasculitis but believed they had to look elsewhere for the inflamed blood vessels. With his bad asthma and heart problems, the lungs seemed a likely place. That, however, would require an open-lung biopsy. "We are generally very hesitant to do such invasive diagnostic procedures," said Dr. Katial. "But Ralph was really sick, and we needed to find out what was wrong with him."

The lung biopsy revealed the suspected inflamed blood vessels, and cinched the diagnosis: Churg Strauss syndrome, a rare form of vasculitis that strikes 10 or fewer people in a million. Churg Strauss is characterized by late-onset asthma, pain or numbness in the extremities, rashes, and problems with the heart. The cause is unknown and there is no cure. Churg Strauss syndrome is almost always fatal if not properly treated. Immunosuppressive medications are effective, however, and patients often go into long-term remission.

Dinlocker was put on an immunosuppressive medication normally used to prevent rejections of organ transplants. Today, he is much healthier. Most of his symptoms have receded, he is much stronger, and has resumed athletic training. He is tremendously grateful for the persistence of the National Jewish staff and physicians.

"It was like having a team of really good detectives working together really well," said Dinlocker. "Without them I probably would not have discovered what I have. They saved my life."

Kunsberg School Helps Students in Need

Elementary school children whose chronic diseases are causing them to miss school and fall behind academically can attend the Kunsberg School on the National Jewish campus where they receive a combination of medical care and specialized education that is unique in the United States. Kunsberg School is approved by the Colorado Department of Education and free to all students. The school provides a safe, friendly and healthy school environment committed to whole child development. Students are grouped by ability into small classes, and have access to three nurses, a case worker and a child advocate. Between 70 and 85 students attend the K-8 school each year. On average, students stay at Kunsberg for 2-3 years before getting their illnesses and school work under control and returning to their neighborhood schools.

Many students come from disadvantaged families. In fact, 83 percent qualify for free or reduced-price school lunches. Two-thirds of the students live in single-parent homes, and 90 percent are minorities.

In spite of difficult chronic illnesses, such as asthma, diabetes, cystic fibrosis and sickle cell anemia, Kunsberg students attend a full schedule of classes and participate in 40 minutes of physical education every day. The children receive Red Cross swimming instruction, play strenuous sports and even climb on a climbing wall. This is an enviable standard for any school and a great personal achievement for the Kunsberg students in particular.

The Kunsberg concept works because it is results-oriented and focuses on whole child development. We see improved attendance with an average 54 percent reduction in absenteeism. Kunsberg students report 62 percent fewer medical interventions including hospital stays, and 38 percent fewer emergency room visits. As a result, most of the students enjoy improved school performance and improved ability to manage personal health issues. Kunsberg is the only Colorado school ever to win the US Department of Agriculture's Healthier US School Challenge for excellence in nutrition, nutritional education and physical education.

It costs about \$1.5 million to run Kunsberg each year. The state of Colorado contributes \$500,000 and the other \$1 million comes from our generous donors.



Book of Legacies

National Jewish inspires donors not only because of the world-class research, treatment and education happening here every day, but because of lives that have been touched — sometimes back many generations. A powerful way to recognize your gift is to add an inscription to the Book of Legacies. Donors honor loved ones who have passed away, recognize incredible patient care received long ago and share inspiring messages.

Because you saved my life . . .

George R. Turner

The more you give the more you shall receive. Fred Pasternak

For more information about adding to this incredible memorial, please contact our Planned Giving team at 303-398-1817.

Among other generous gifts to National Jewish, Milton Morris donated the Jean W. Morris Memorial Garden in honor of his late wife.



Milton and Jean Morris Enjoyed Unique and Generous Relationship with National Jewish

Milton Morris, a long-time supporter of National Jewish, passed away on February 2, 2007. He was 91 years old. Mr. Morris and his wife, Jean, maintained a unique and generous relationship with National Jewish throughout their lives.

When he was six years old, Mr. Morris' family moved to Denver from Cleveland to find a better climate for his mother's severe asthma. His connection to National Jewish began at a young age – his best friend's father was the Chief of Medicine here. Morris and Jean met at East High School, attended college together and were married. Jean was the grandniece of Francis Wisebart Jacobs, the founder of National Jewish. Jean and Milton's independent relationships to each other and to National Jewish coalesced into a wonderful lifetime commitment.

As donors, Morris and Jean were extraordinarily humble. Both of them lived the Jewish philosophy of "Tzedakah," that it is more admirable to give without recognition than to give and expect or want recognition or admiration.

In his personal time, Morris was an accomplished photographer and painter. "Milt enjoyed painting very much, it was therapy for him and helped him deal with Jean's deteriorating health," said Gordon Smith, Director of Gift Planning for Development. "He was involved with a group of men that would get together and paint. They all called him

'The Quickest Draw in the West,' because Milt could complete a painting every week." Several of Morris' paintings hang in National Jewish's pediatric ward today.

Sadly, Jean passed away in 1999. After her death, Morris "was lost," said Lynn Taussig, M.D., family friend and former President and CEO of National Jewish. "But, he was very insightful and realized he needed to be around other people." Morris continued with National Jewish, attending events and making donations.

"It wasn't until Jean passed away that Milton ever considered recognition for gifts," said Smith. "Even then, his gifts were given in honor of his late wife." Behind the Molly Blank Conference Center is the Jean W. Morris Memorial Garden, one of Mr. Morris' last gifts to National Jewish. He meant the garden to be a place of solace and solitude, where patients and families can go; someplace warm, comforting, quiet and peaceful.

"He was one of the more gracious and generous people that I've had the pleasure to work with," said Smith. "Milt gave without any expectations. He gave because it was the right thing to do and because he loved this institution. He just loved giving."

Milton Morris' generous spirit will be missed.

National Jewish Named the #1 Respiratory Hospital for the Tenth Year in a Row



Make it an even decade. National Jewish Medical and Research Center has been named the best respiratory hospital in the nation by *U.S. News & World Report* for the tenth year in a row. The ranking is part of the 2007 "America's Best Hospitals" guide published by the weekly newsmagazine.

"It is a tribute to our amazing faculty and staff, and to the support of our board of directors that we have been able to remain the best for a full decade," said Michael Salem, MD, President and CEO of National Jewish. "We have recently embarked on a bold new strategic plan so that we may remain the global leader in the research and treatment of respiratory, immune and related disorders for another decade."

As part of the hospital rankings, board-certified pulmonologists around the country mentioned National Jewish more often than any other hospital when asked to name the best respiratory

hospitals in the nation. In addition to recognition by pulmonologists, the hospital rankings were based upon various care related factors, such as nursing and patient services.

National Jewish has world-renowned programs in several respiratory and immune disorders including asthma, chronic obstructive pulmonary disease, rheumatology, cardiovascular disease, lung cancer, allergies and immunologic diseases.

Get New Directions Via Email.

Beginning with the next issue, *New Directions* will be available electronically. If you wish to receive *New Directions* via email rather than postal mail, visit the National Jewish Web site at www.nationaljewish.org and click on Sign Up for Newsletter.

**NATIONAL
JEWISH**
Medical and Research Center

newdirections

A Publication for the Friends of National Jewish Medical and Research Center

NEW DIRECTIONS is published for friends of National Jewish by the Public Affairs Department of National Jewish Medical and Research Center. For 20 years National Jewish has offered a toll-free consumer service, LUNG LINE (1.800.222.LUNG). Additional information is available on the National Jewish Web site, www.nationaljewish.org.

Co Chairs, Council of National Trustees
Wendy and Stephen Siegel

Chairman, Board of Directors
Stephen W. Arent

President & CEO Michael Salem, M.D.
Editor William Allstetter

Non-profit
U.S. Postage
PAID
Permit No. 1541
Denver, CO