

November 2011

## Special Fairs This Month...

### BOOK FAIR

Kunsberg's Book Fair is November 3<sup>rd</sup> and 4<sup>th</sup>. Come spend some special family time with us on Thursday, the 3<sup>rd</sup>, right after school!

### HEALTH FAIR

Kunsberg is having the Health Fair on Fri Nov 18 and we still need some volunteers. If you can help, please call 303-398-1934 to let Ms. Freas know.

### November Bus Passes

Kunsberg is pleased to announce that once again we will be offering FREE RTD monthly passes to our students! Eligible students are those who consistently use the RTD buses to and from school. If you want to know more about Kunsberg School's Transportation Plan, please contact Ms. Jessica in the front office or call 303-398-1103.

 Happy Birthday to these folks! 

**We MISSED a couple birthdays last month...OOPS!**

**Quentin C...10/4 Serenity...10/26**

Isaiah M...11/11

Davante...11/15

Zhaunise...11/12

Francesca...11/23

## Mrs. Freas' 411

### November 17 is the day for The Great American Smoke Out

In a recent article in the Denver Post, a study at Massachusetts General Hospital showed kids exposed to smoke at home miss, on average, more school than classmates with illnesses. With so many of our students having respiratory illnesses it is dangerous for them to be around smoke. November 17 is a great day for those who still smoke to be encouraged to quit smoking for the safety of the children.

If someone you love is smoking encourage them to call the Quitline at 1-800-QUITNOW or go online at [www.coquitline.org](http://www.coquitline.org) for FREE help. If nothing else, please do not allowing smoking in the home or cars.



## Katie's Book Nook

The Scholastic Book Fair is happening this week! The Book Fair will be open Thursday and Friday from 8:00-5:00. We will be having a family night Thursday right after school at 3:30. Come and see what exciting books are available for your students and have fun together as a family! If you have questions, call Ms. Katie at 303-398-1112



## In Kunsberg's world of art...

Kunsberg's Winter Program is just around the corner. It will be filled with stories and music, lots of laughter, fun and smiles. We hope you will save the date...DECEMBER 8...and join us! Watch for more information to come home as we get closer.

## THANK YOU!

Thank you so very much for all of your hard work on the Butter Braid Fundraiser! All students who participated will share in a pizza party! The highest-selling class will enjoy ice cream! The top ten sellers will visit the prize closet and have an extra surprise! Kunsberg students and families ROCK! Watch for the final numbers on our proceeds...results will be out soon!

## Kunsberg Kids R.A.P.

Thanksgiving is right around the corner! This is a perfect time to remind your children of what it looks like to be Respectful while eating. Eating with your mouth closed, keeping your feet on the ground at the table, not playing with your food, and speaking respectfully at the table may all be great rules to remind your children of. Happy Thanksgiving!

~ Ms. Kimling ~

## Important Upcoming Events

**November 3-4**

**Book Fair**

**8 AM-5PM**

**FAMILY NIGHT on 3<sup>rd</sup> (right after school)**

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**November 11 - NO SCHOOL**

**Veterans' Day**

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**November 18**

**Health Fair**

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**November 17**

**Picture Retakes**

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**November 23-25**

**THANKSGIVING BREAK - NO SCHOOL**

## Family Activities ... FREE DAYS

**Children's Museum**...First Tue. of each month (CO residents)

**Denver Art Museum**...First Sat. of each month (CO residents)

**Dinosaur Discovery Days** (Dinosaur Ridge-some fees)...First Sat. of each month

**Denver Museum of Nature and Science**  
11/13

**Denver Botanic Gardens (Chatfield)**  
11/4

**Denver Zoo**

11/6 and 11/12

## **Aundi's News Flash**

**“Gratitude is the best attitude.” ~Author Unknown**

There is something very powerful about our ability to be thankful. There is actually evidence that shows that it changes our brain functioning for the better and protects us from several types of mental health issues. When we choose to use gratefulness as a strategy for what is difficult in life, our entire outlook on a situation can change. Sometimes, this is what can make extremely difficult situations bearable. As we move toward a month known for thankfulness, think about how you can help your students learn this skill too. Have a great November!

Ms. Aundi  
School Counselor