

June 2011

Aundi's News Flash

Make the Summer Count...A Little Quality Time
 Goes a Long Way

As we begin the summer, it's easy to feel like it will take FOREVER before school starts again. For your students, one of things that has the potential to be most memorable about the upcoming summer is a little quality time with...YOU. As kids get older, they may seem less excited about time with mom or dad, but believe it or not, they still want to know that you WANT to hang out with them.

So, here are ten ideas to get you started on hanging out as a family:

1. Explore a new hobby
2. Play a board game
3. Have a picnic
4. Set up a lemonade stand
5. Play a game of pickup football, basketball or baseball
6. Look into free museum or park days
7. Go to the state park
8. Blow bubbles with dish soap
9. Play dress up
10. Make a family video

Happy Summer!

Sincerely,
 Aundi Kolber
 School Counselor

Mrs. Freas' 411

1. Remember to continue taking your controller medications even when you feel good.
2. If you pretreat before exercise here at school, remember to pretreat at home too.
3. Get your doctor's forms back into me early, before August 1.
4. Use sunscreen everyday.
5. Learn something new this summer.
6. Email me to let me know what you are doing (freasm@njhealth.org).
7. Go to Champ Camp.
8. Have fun.
9. See you at Back to School Night on August 11.
10. Here are some websites for students to visit this summer:

www.mypyramid.gov/kids.html

www.kidshealth.org

www.nationaljewish.org/healthinfo/pediatric/asthma/asthmawizard/chapter1.aspx

www.aanma.org (this one is for parents)

Enjoy your summer!!!!!!

Important Upcoming Events

May 27 - August 14

Summer Break

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August 11

Back to School Night

Happy Birthday to these folks!

Antonio...6/2	Bella...7/15
Marisol...6/2	Nurse Karen...7/16
Maurice...6/8	Dominique...7/25
Avery...6/10	Ayana...7/26
Ruben...6/14	Alvi...7/30
Jazz...6/17	India...8/6
Breanna...6/21	Jonathan...8/6
Ms. Huppert...7/5	LaForest...8/10
Zach...7/13	

Family Activities ... FREE DAYS

Denver Art Museum

June 4, July 2 and August 6

Denver Botanic Gardens - Chatfield

June 3, July 1 and August 5

Denver Botanic Gardens - York Street

July 19

RESTAURANTS OFFERING FREE KIDS' MEALS

<http://www.kidseatfor.com/metro/co/denver/>

Fun Science...

Here's a fun, easy science experiment
you can do at home!

You'll need a small bottle, a balloon, baking soda, and vinegar. Put 2 spoonfuls of baking soda in a balloon. Put 8 spoonfuls of vinegar in the bottle. Carefully stretch the end of the balloon over the top of the bottle. Then tip the baking soda out of the balloon and into the bottle. Watch what happens when the baking soda and vinegar mix! (When the 2 substances mix, they form carbon dioxide.)

Here are some websites that you might want to visit over the summer:

- www.Youtube.com – look up Kunsberg School...you might see yourself!
- www.freerice.com –vocabulary, math, geography, foreign languages
- www.mathplayground.com – play with numbers
- www.coolmath4kids.com – lessons, practice, art, games, puzzles
- www.funbrain.com – math, reading, web books
- www.seussville.com – games, activities based on Dr. Seuss books
- www.pbskids.org – videos, games for reading and language
- www.eduplace.com – click on students for games
- www.coloring.com – online coloring
- www.kids.albrightknox.org – art games
- www.childrensmusicworkshop.com – music theory practice
- www.dsokids.com – orchestra and classical music/composer information and games
- www.aaamath.com – math practice and games for all grade levels
- www.internet4classrooms.com – language arts and math for all grade levels
- www.mcgruff.org – safety
- www.netsmartzkids.com – Internet safety
- www.hectorsworld.com – Internet safety

Have a fun, safe, happy summer!

SEE YOU IN AUGUST!