

November 2010

## Welcome Aundi Kolber!

Kunsberg School is welcoming a new face to the staff...Aundi Kolber is the new counselor and brings lots of vitality and new energy to the table!

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Hello parents and students! My name is Andrea (Aundi) Kolber, and I am the new school counselor at Kunsberg. I wanted to take a moment to say hello, and let you know a bit about me. I am originally from the Pacific Northwest and love to spend time outside, reading, and playing sports. I have a background in community counseling and I love hanging out with students. I am excited to get to know all of you in the coming weeks!

Sincerely,

Aundi Kolber  
 School Counselor  
 (303)398-1021

## Mrs. Freas' 411

As the temperature drops, our stress levels increase due to the children being inside more. Try to limit TV and computer time to no more than an hour per day. Try to have a game night at least once a week. Twister is a good game for everyone to play and you move around a lot. If you have a Wii there are lots of games to play on it and Wii fit is a great way to exercise and have fun at the same time. Even if the weather is cold, bundle up and head outside for a walk. Remember to cover the nose and mouth with a scarf to protect the airways from the cold air. Colorado is blessed with lots of Recreation Centers, head to one and swim, run on the track or join a class. Aim for 10,000 steps a day. Get up and move during commercials and avoid heading to the kitchen.

Most of our students have received their flu shots and the CDC is encouraging everyone to get one. Ask your doctor about one for you and the other family members.

## November Bus Passes

Kunsberg offers FREE RTD monthly passes to our students! If you want to know more about Kunsberg School's Transportation Plan, please contact Ms. H in the front office or call 303-398-1103.

## Kunsberg Kids R.A.P.

With the holiday season coming we want to focus on the respect aspects of RAP. Remind your students about what it looks like to be respectful at home and in the community. At school we will focus of respectful behaviors in the learning environment.



## In Kunsberg's world of art...

Kunsberg Students will be preparing during the month of November for their Holiday program. This year's production will be "December in Our Town"...a musical celebrating numerous holidays taking place in the festive month. Students with speaking parts are learning their lines over Fall Break. We hope you will join us on December 9<sup>th</sup> for this wonderful opportunity to celebrate the season and our children!

## Happy Birthday to these folks!

<b>Isaiah M...11/11</b>	<b>Franchesca...11/23</b>
<b>Zhaunise...11/12</b>	<b>Dakota...11/23</b>
<b>Davante...11/15</b>	<b>Ethan...11/23</b>
<b>Seth...11/17</b>	<b>Dion...11/30</b>
<b>Elijahwon...11/18</b>	

The 6<sup>th</sup>-7<sup>th</sup> grade class had a beautiful 3 day trip to the mountains northwest of Boulder on Oct. 6-8! The Cal-Wood staff has mastered an outdoor education experience that is second to none! Our schedule of activities included hiking (even a spectacular night hike!), field observations (trees plants, animals), forestry, earth science (rocks and minerals, landforms, and mountain weather), rock climbing, ecology, and team building. The weather was perfect for all the outdoor learning we did. Speaking of perfect, the food was delicious! We loved the cabins and bunk beds, though we didn't really have much time for sleeping. The girls' cabin had a small visitor, a mouse, while the boys hoped to see wild animals. All in all, we had a terrific time and hope we can go back next year!

Janet White

Parents,  
Please do not jeopardize your child's status as a student at Kunsberg because of punctuality. Make the effort to get your child/children to school on time every morning and then picked up from school on time every afternoon.

John Reid, Principal

Our K-4 students are wonderful songwriters! While the older students were off to Cal-Wood, the younger folks studied ocean animals, visited the aquarium and wrote a song. We look forward to recording it...maybe you'll find us on YouTube! We are dedicating the song to animals and people hurt by oil spills.

### Important Upcoming Events

October 11- November 5

Butter Braid Fundraiser

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November 8

Butter Braid orders and money DUE  
LAST DAY TO QUALIFY FOR BIG PRIZES

\* \* \*

November 12

Veterans' Day

NO SCHOOL

\* \* \*

November 15

Butter Braids DELIVERED

\* \* \*

November 24-26

THANKSGIVING BREAK

NO SCHOOL

### Family Activities ... FREE DAYS

Children's Museum...First Tue. of each month (CO residents)

Denver Art Museum...First Sat. of each month (CO residents)

Dinosaur Discovery Days (Dinosaur Ridge-some fees)...First Sat. of each month

Denver Museum of Nature and Science  
11/14

Denver Botanic Gardens - Chatfield  
11/5

Denver Zoo  
11/7 and 11/13

### **Butter Braid Fundraiser**

Your student brought home the order form for Kunsberg to use in selling Butter Braids...10/11-11/8. The pastries will be delivered 11/15, in time for Thanksgiving! **All students who participate** are welcome to share in a **pizza party**, probably in December. The **class** having the **greatest participation** will share in a **sundae/float party**. The **10 highest sellers** will receive **additional prizes and a fieldtrip**. **THE TOP SELLER WILL SERVE AS PRINCIPAL FOR PART OF A DAY WITH MR. REID**. It is very important that **ALL ORDERS MUST BE IN ON TIME** to allow for **on-time delivery** and to **qualify for the top prizes**. Orders turned in **AFTER 11/8 will NOT qualify** for top prizes...suggestion - turn them in right after Fall Break!

**ALL MONEY AND ORDERS MUST BE IN 11/8!!!**