



**What :** A fun, motivating and free event for Salud Family Health Center patients and Commerce City community members. Walk With a Doc is a one hour event designed for Salud Family Health Center Patients and Community members to listen to a healthcare provider speak about a current medical topic, walk with friends and family and enjoy free breakfast and coffee!

**When:** 8:00 am on November 15<sup>th</sup>, December 13<sup>th</sup>, January 24<sup>th</sup>, February 21<sup>st</sup>, March 14<sup>th</sup> and April 11<sup>th</sup>

**Where:** Pioneer Park, 5902 Holly st. Commerce City, CO 80022

**Who:** All Salud Family Health Center Patients and Commerce City community members!

**Why:** Get healthy for free while walking alongside doctors and other healthcare providers!